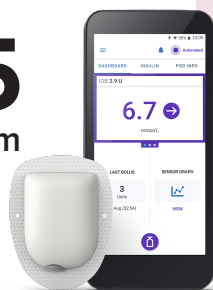


PANTHER<sup>®</sup>TOOL<sup>®</sup> for

# OMNIPOD<sup>®</sup> 5

Automated Insulin Delivery System



## INSTRUCTIONS FOR USE

- 1 View reports at <http://Global.discover.omnipod.com/hcp>
- 2 View 14-day reports – a. Summary; b. Daily View; c. Settings
- 3 Follow this worksheet for step-by-step guidance on clinical assessment, user education and insulin dose adjustments.

### STEP 1 **BIG PICTURE** (PATTERNS)

→ STEP 2 **SMALL PICTURE** (REASONS)

→ STEP 3 **PLAN** (SOLUTIONS)

## OVERVIEW using C|A|R|E|S Framework

### C | How it **CALCULATES**

- Automated basal insulin delivery calculated from total daily insulin, which is updated with each Pod change (adaptive basal rate). The algorithm assumes that basal is ~50% TDI.
- Calculates a micro-dose of insulin every 5 min based on glucose levels predicted 60 minutes into future, aiming for the chosen target glucose. Algorithm will increase doses up to 400% to correct hyperglycemia and decrease or pause insulin delivery when predicted to drop below the target glucose.

### A | What you can **ADJUST**

- Can adjust the algorithm's Target Glucose (6.1, 6.7, 7.2, 7.8, 8.3 mmol/L).
- Can adjust I:C ratios, correction factors, and active insulin time for bolus settings.
- Cannot change basal rates (programmed basal rates are not used in Automated Mode, only used in Manual Mode).

### R | When it **REVERTS** to manual mode

- System may revert to Automated Mode: Limited (static basal rate determined by the system; not based on CGM value/trend) for 2 reasons:
  1. If CGM stops communicating with Pod for  $\geq 20$  min. Will resume full automation when CGM returns.
  2. If an Automated Delivery Restriction alarm occurs (insulin delivery suspended or at max delivery too long). Alarm must be cleared by user and enter Manual Mode for 5 min. User must turn Automated Mode back on after 5 minutes in Manual Mode.

### E | How to **EDUCATE**

- Bolus before eating, ideally 10-15 minutes prior. Consider use of the Custom Foods feature to simplify carb counting.
- Tap Use SENSOR in bolus calculator to add glucose value and trend into bolus calculator.
- Treat mild hypoglycemia with 5-10g carbs to avoid rebound hyperglycemia and WAIT 15 min before re-treating to give glucose time to rise.
- Infusion site failure: Check ketones and replace Pod if unexplained hyperglycemia persists (e.g.  $> 14$  mmol/L for  $> 2$  hours) despite correction bolus. Give syringe injection for ketones.

### S | **SENSOR/SHARE** characteristics

Check your country's user guide for compatible sensor availability

- Dexcom G6, G7 and FreeStyle Libre 2 Plus.
- Must use Dexcom G6 or G7 mobile app on smartphone to start sensor (cannot use Dexcom receiver or Omnipod 5 Controller).
- Can use Dexcom Share for remote monitoring of sensor data; separate Follow app required.
- Must use Omnipod 5 Controller to start FreeStyle Libre 2 Plus Sensor. Remote FreeStyle Libre 2 Plus Sensor data sharing is country dependent.

## PANTHER<sup>®</sup>POINTERS<sup>®</sup> FOR CLINICIANS

- 1 Focus on behavior: wearing the CGM consistently, giving all boluses, etc.
- 2 When adjusting insulin pump settings, focus primarily on Target Glucose and I:C ratios.
- 3 To make the system more aggressive: lower the Target Glucose, encourage user to give more boluses, and intensify bolus settings (e.g. I:C ratio) to increase total daily insulin (which drives the automation calculation).
- 4 Avoid overthinking the automated basal delivery. Focus on the overall Time in Range (TIR), and optimizing system use, bolus behaviors, and bolus doses.



This PANTHER Program<sup>®</sup> tool for Omnipod<sup>®</sup> 5 was created with the support of **Insulet**

## STEP 1 BIG PICTURE (PATTERNS)

Use the Summary page to assess system use, glycemic metrics, and identify glucose patterns.

### A Is the CGM connected to the Pod and is the person using Automated Mode?

% Connected CGM Time:

If <90%, discuss why:

Is the person wearing the sensor regularly? If not, discuss why:

- Problems accessing supplies/sensors not lasting the full wear period?
  - Contact sensor manufacturer for replacement sensors
- Skin problems or difficulty keeping sensor on?
  - Rotate sensor insertion sites (arms, hips, buttocks, abdomen)
  - Use barrier products, tackifiers, over tapes and/or adhesive remover to protect skin



SCAN TO VIEW:  
[pantherprogram.org/skin-solutions](http://pantherprogram.org/skin-solutions)

Automated: Limited %:

If >5%, assess why:

- Is time in Automated Limited due to gaps in CGM data?
  - Review device placement and importance of line of sight

Automated Mode %:

If <90%, assess why:

- Due to automated delivery restriction (min/max delivery) alarms?
  - Educate user to clear alarm, check BG as needed, and after 5 minutes switch mode back to Automated Mode (will not return to Automated Mode automatically)

### B Assess Bolus Insulin and Bolus Behaviors

Number of Carb Entries/Day?

→ If less than 3-4 per day, assess for missed meal boluses

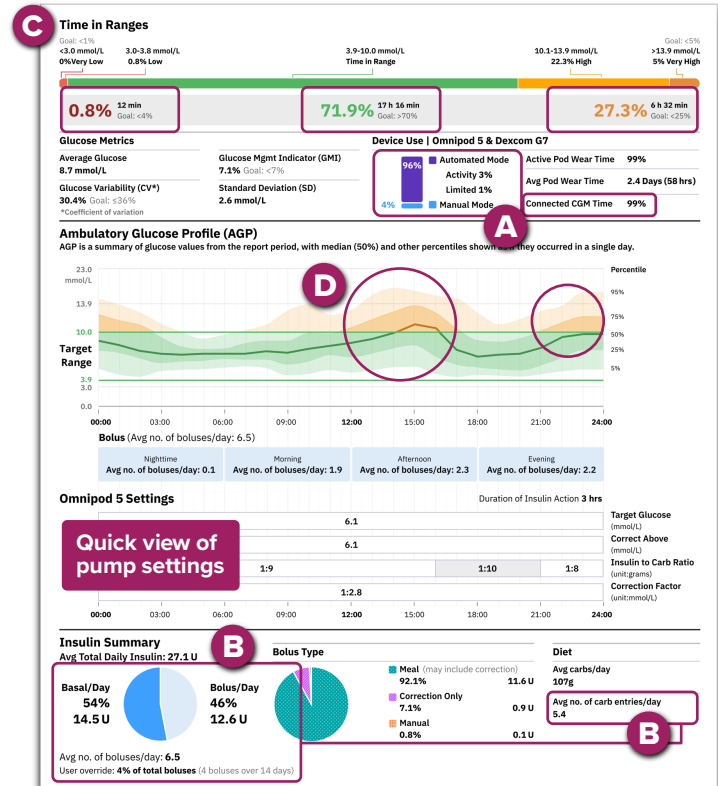
% Bolus Insulin:

→ If <50% encourage consistent boluses if there are missed boluses AND/OR consider strengthening bolus settings

## PANTHERPOINTERS® FOR CLINICIANS

**1** The goal of this therapy review is to increase Time in Range (70-180 mg/dL; 3.9-10.0 mmol/L) while minimizing Time Below Range (<70 mg/dL; <3.9 mmol/L)

**2** Is the Time Below Range **more** than 4%?  
If **YES**, focus on fixing patterns of **hypoglycemia**  
If **NO**, focus on fixing patterns of **hyperglycemia**



### C Is the user meeting Glycemic Targets?

Time in Range (TIR)  Goal is >70%

3.9-10.0 mmol/L (70-180 mg/dL) "Target Range"

Time Below Range (TBR)  Goal is <4%

<3.9 mmol/L (<70 mg/dL) "Low" + "Very Low"

Time Above Range (TAR)  Goal is <25%

>10.0 mmol/L (>180 mg/dL) "High" + "Very High"

### D What are their patterns of hyperglycemia and/or hypoglycemia?

Ambulatory Glucose Profile compiles all data from reporting period into one day; shows median glucose with the dark green line, and variability around the median with the shaded ribbons (green shade for in range, orange shade for above target, red for below target). The lighter shades indicate less frequency.

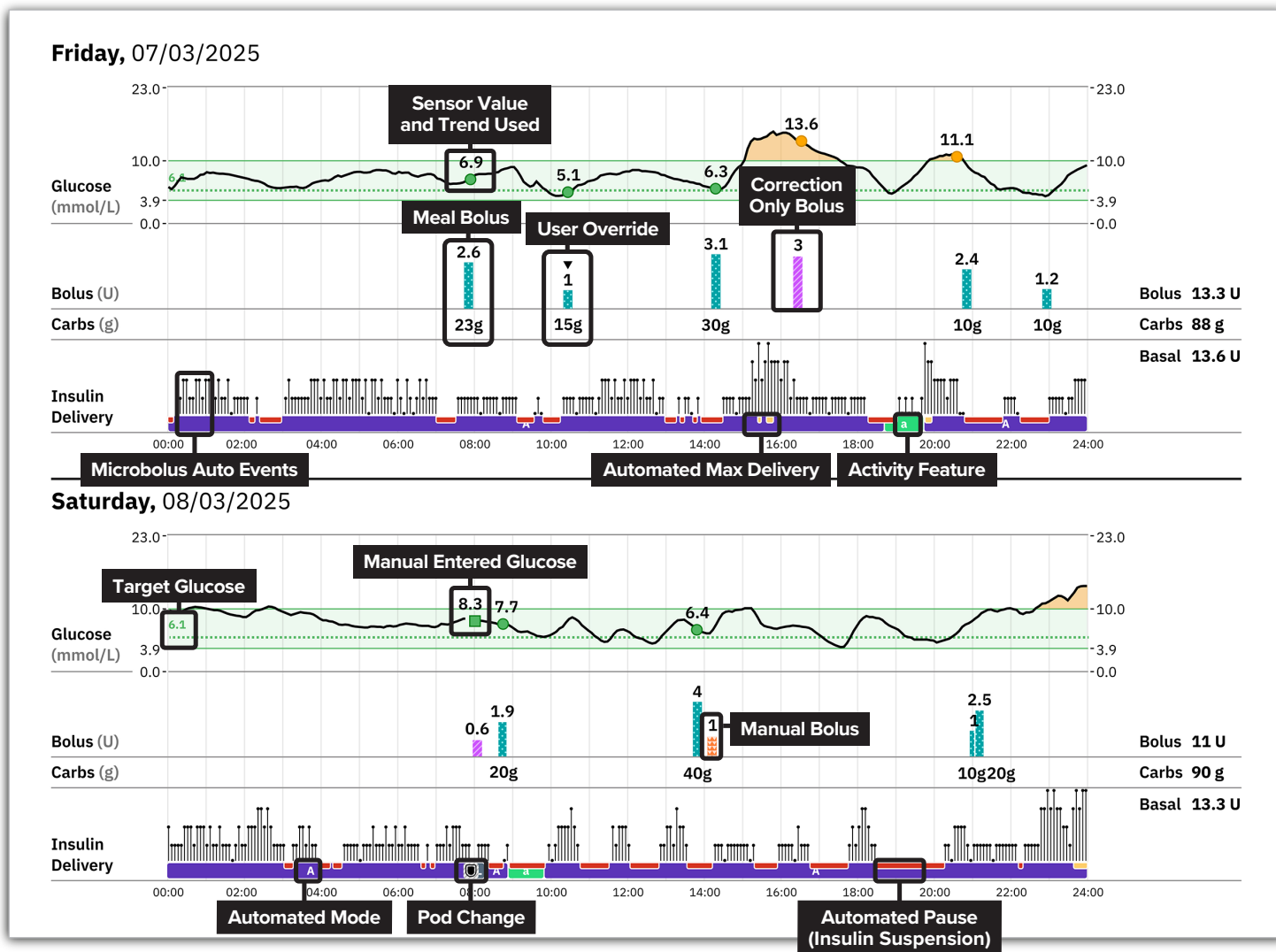
Identify the main patterns of hyper- or hypoglycemia by focusing on the dark shaded areas.

Hyperglycemia patterns: (eg: high glycemia at bedtime)

Hypoglycemia patterns:

## STEP 2 SMALL PICTURE (REASONS)

Use the **Daily View** and discussion with the user to identify causes of the glycemic patterns identified in STEP 1 (hypoglycemia or hyperglycemia).








Identify the predominant 1-2 causes of the hypo- or hyperglycemia pattern.

Is the **hypoglycemia** pattern occurring:

- ☐ Fasting / Overnight?
- ☐ Around mealtime?  
(1-3 hours after meals)
- ☐ Where low glucose levels follow  
high glucose levels?
- ☐ Around or after exercise?

Is the **hyperglycemia** pattern occurring:

- ☐ Fasting / Overnight?
- ☐ Around mealtime?  
(1-3 hours after meals)
- ☐ Where high glucose levels follow  
low glucose levels?
- ☐ After a correction bolus was given?  
(1-3 hours after correction bolus)

Hypoglycemia		Hyperglycemia
SOLUTION	PATTERN	SOLUTION
Raise Target Glucose (algorithm target) overnight (highest is 8.3 mmol/L)	<b>Fasting / Overnight</b> 	Lower Target Glucose overnight (lowest is 6.1 mmol/L)
Assess carb counting accuracy, bolus timing, and meal composition. Weaken I:C Ratios by 10-20% (e.g. if 1:10g, change to 1:12g)	<b>Around mealtime</b> (1-3 hours after meals)  Consider use of Custom Foods feature to help simplify carb counting	Assess if meal bolus was missed. If yes, educate to give all meal boluses prior to eating. Assess carb counting accuracy, bolus timing, and meal composition. Strengthen I:C Ratios by 10-25% (e.g. from 1:10g to 1:8g)
If due to bolus calculator overrides, educate user to follow the bolus calculator and avoid overriding to give more than recommended. There may be a lot of IOB from AID that user is not aware of. Bolus calculator factors in IOB from increased AID when calculating correction bolus dose.  Weaken correction factor by 10-20% (e.g. if 1:2.8 mmol/L, change to 1:3.3 mmol/L) if hypoglycemia occurs 2-3 hours after a correction bolus.	<b>Low glucose follows high glucose</b> 	
	<b>High glucose follows low glucose</b> 	Educate to treat mild hypoglycemia with fewer grams of carbs (5-10g) and wait 15 min before re-treating to give glucose time to rise.
Use the Activity feature 1-2 hrs before exercise begins. Activity feature will temporarily reduce insulin delivery. It can be used during times of increased risk of hypoglycemia.  To use Activity feature, go to Main Menu → Activity	<b>Around or after exercise</b> 	
	<b>After a correction bolus was given</b> (1-3 hours after correction bolus)	Strengthen correction factor (e.g. from 2.8 mmol/L to 2.2 mmol/L)

**ADJUST insulin pump settings and EDUCATE.****Most impactful insulin pump settings to change:**

- 1. Target Glucose** Options: 6.1, 6.7, 7.2, 7.8, 8.3 mmol/L. Can program different targets for different times of day. Use the 6.1 mmol/L target for highest TIR.
- 2. I:C Ratios** It is common to need stronger I:C Ratios with AID. Consider turning Reverse Correction OFF to avoid a reduction in meal bolus dose due to glucose value being below the target glucose.
- 3. Correction Factor & Active Insulin Time** These are used for correction bolus doses.

**Bolus settings are vital for optimal system performance to ensure the user is receiving sufficient TDI, which drives insulin automation. Ensure bolus settings are effective to optimize TIR.**

To change settings, tap the main menu icon in the **Omnipod 5 App**: → **Settings** → **Bolus**

**Basal Settings**  
Changing Basal Programmes only impacts Manual Mode basal delivery.

Max Basal Rate 3 U/hr

Basal Programmes	Start Time	End Time	Basal Rate
Basal 1 (Active)	00:00	03:00	0.6 U/hr
	03:00	07:00	0.6 U/hr
	07:00	12:00	0.6 U/hr
	12:00	17:00	0.6 U/hr
	17:00	19:00	0.6 U/hr
	19:00	22:00	0.85 U/hr
	22:00	00:00	0.85 U/hr
	Total Basal 15.65 U/day		

Temporary Basal Enabled ON

**Bolus Settings**  
When using Automated Mode, the main adjustable setting that directly impacts automated insulin delivery is Target Glucose. The SmartBolus Calculator settings below impact suggested bolus doses in both Automated and Manual Mode.

	Start Time	End Time	Target Glucose	Correct Above
Target Glucose & Correct Above	00:00	07:30	6.1 mmol/L	6.1 mmol/L
	07:30	11:00	6.1 mmol/L	6.1 mmol/L
	11:00	17:00	6.1 mmol/L	6.1 mmol/L
	17:00	19:00	6.1 mmol/L	6.1 mmol/L
	19:00	00:00	6.1 mmol/L	6.1 mmol/L
Insulin to Carb (IC) Ratio	Start Time	End Time	1 U of Insulin Covers	
	00:00	06:00	9 g of carbs	
	06:00	16:00	9 g of carbs	
	16:00	21:00	10 g of carbs	
Correction Factor	Start Time	End Time	1 U of Insulin Lowers Glucose By	
	00:00	00:00	2.8 mmol/L	

Duration of Insulin Action: 3 hours

Max Bolus: 8 U  
Extended Bolus: ON  
Min Glucose for Calculation: 3.9 mmol/L  
Reverse Correction: OFF

**TIP: Use Custom Foods feature to simplify meal bolusing**

Users can save carb amounts for common foods and/or use to save fixed carbohydrate amounts for meals (e.g., Medium Meal 60g). Consider this feature to simplify carb counting and reduce the burden of meal bolusing.

9:41

Cancel

**Bolus**

1 CARBS

**68 g**

Meal Bolus: 0 U

GLUCOSE

- mmol/L

Correction Bolus: 0 U

TOTAL BOLUS

**8.5 U**

IOB of 0 U

Confirm

9:41

Cancel

**Custom Foods**

Select custom food(s) to add

Sort Foods

☐ Small Meal 30 g

☒ Medium Meal 60 g

☐ Large Meal 90 g

☒ Coffee 8 g

☐ Pizza 38 g

☐ Sandwich 27 g

☐ Lunch 60 g

**Total: 68 g**

2 items selected

Add to Calculator

## AFTER VISIT SUMMARY

# Great job using Omnipod® 5!

### Using this system can help you achieve your diabetes goals.

The American Diabetes Association suggests aiming for **70%** of your glucose levels to be between **3.9–10.0 mmol/L** (70–180 mg/dL), called **Time in Range** or **TIR**. If you are not currently able to reach 70% TIR, don't be discouraged! Start from where you are and set smaller goals to increase your TIR. Any increase in your TIR is beneficial to your lifelong health!

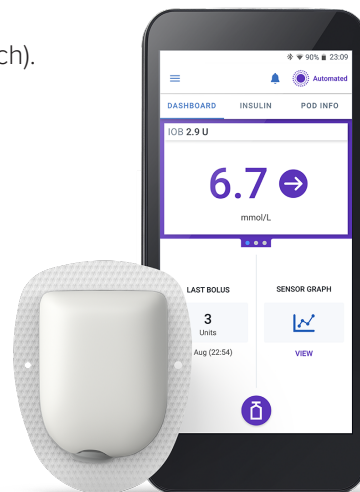
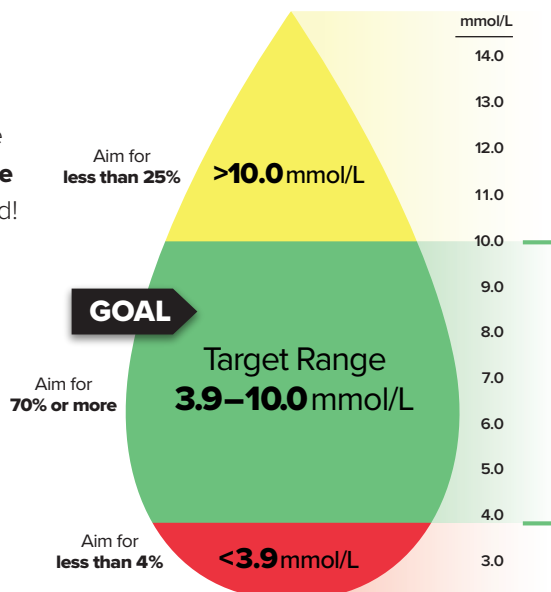


### REMEMBER...

Don't overthink what the Omnipod® 5 is doing in the background.  
**Focus on what you can do.** See helpful tips below...

## TIPS for Omnipod® 5

- **HYPERGLYCEMIA >14-15 mmol/L (300 mg/dL) for 2 hours or more?**  
Check ketones first! If ketones are >1.0 mmol/L (mod/large on urine test), give syringe injection of insulin and replace Pod.
- **Bolus before eating**, ideally 10-15 minutes before all meals and snacks.
- **Use Custom Food feature** to help simplify carb counting. You can save common foods and/or program set carb amounts for meals (e.g., 60g for lunch).
- **Do not override the bolus calculator:** Correction bolus doses may be smaller than expected due to increased insulin delivery from the algorithm.
- **Give correction boluses for hyperglycemia:** Tap Use SENSOR in bolus calculator to add sensor glucose value and trend into bolus calculator.
- **Treat mild hypoglycemia with 5-10g carbs** to avoid rebound hyperglycemia and WAIT 15 min before re-treating to give glucose time to rise. Insulin delivery will have been suspended, resulting in little insulin on board when hypoglycemia occurs.
- **Wear Pod and CGM on same side of body** so they don't lose connection.
- **Clear Delivery Restriction alarms immediately**, troubleshoot hyper/hypo, confirm CGM accuracy and switch back to Automated Mode.



v.07.2025



◀ SCAN TO VISIT  
PANTHERprogram.org

INS-OHS-07-2025-00233 v1.0

## Insulet

This PANTHER Program® tool for Omnipod® 5 was created with the support of Insulet.

**Have questions about the Omnipod® 5?**  
**Visit [omnipod.com](https://omnipod.com)**