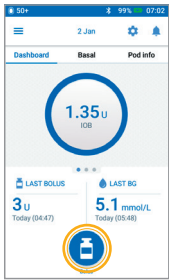


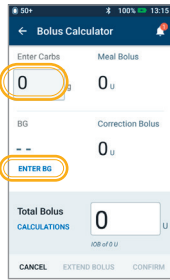
Omnipod DASH® Insulin Management System Podder™ Quick Glance Guide



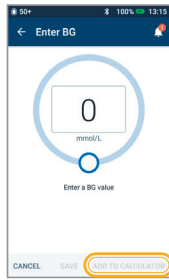
How to Deliver a Bolus



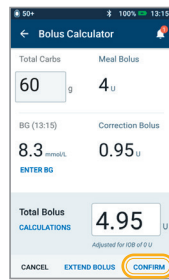
1. Tap the Bolus button on the Home screen



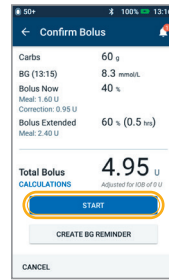
2. Enter grams of carbs (if eating)
Tap "ENTER BG"



3. Enter BG manually
Tap "ADD TO CALCULATOR"



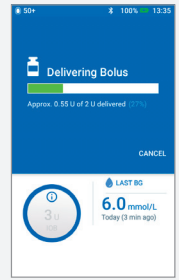
4. Tap "CONFIRM" once you have reviewed your entered values



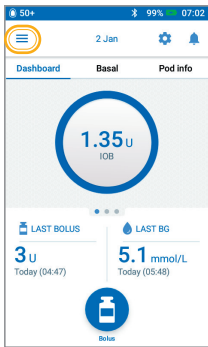
5. Tap "START" to begin bolus delivery

Reminder

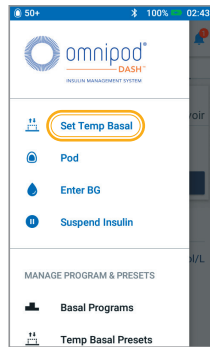
The Home screen displays a progress bar and details while you are delivering an immediate bolus. You cannot use your PDM during an immediate bolus.



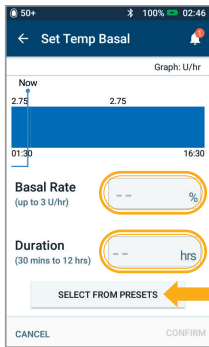
How to Set a Temp Basal



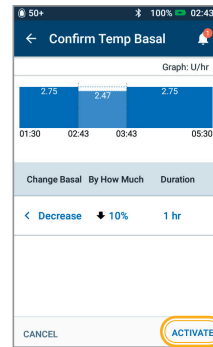
1. Tap Menu icon on the Home screen



2. Tap "Set Temp Basal"



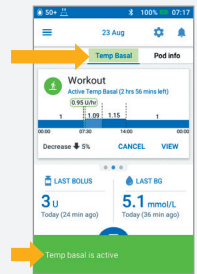
3. Tap Basal Rate entry box and select your % change
Tap Duration entry box and select your time duration
Or tap "SELECT FROM PRESETS" (if you have saved Presets)



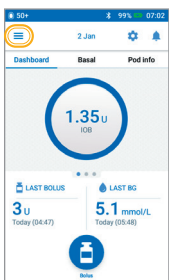
4. Tap "ACTIVATE" once you have reviewed your entered values

Did You Know?

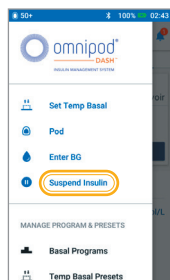
- Temp Basal is highlighted in green if there is an active temp basal rate running
- You can swipe to the right on any green confirmation message to dismiss it sooner



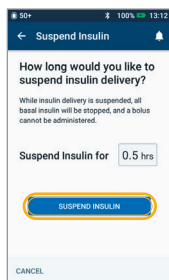
Suspend and Resume Insulin Delivery



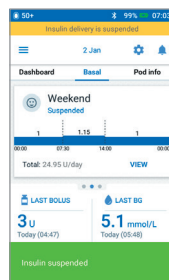
1. Tap Menu icon on the Home screen



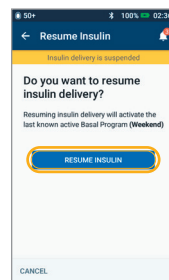
2. Tap "Suspend Insulin"



3. Scroll to desired duration of insulin suspension
Tap "SUSPEND INSULIN"
Tap "Yes" to confirm you want to stop insulin delivery



4. The Home screen displays a yellow banner stating insulin is suspended



5. Tap "RESUME INSULIN" to start insulin delivery

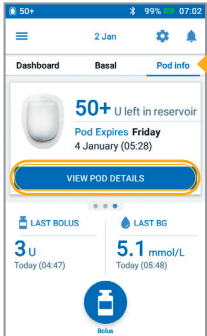
Reminder

- You MUST resume insulin, insulin does not automatically resume at end of suspension period
- The Pod beeps every 15 minutes throughout the suspension period to remind you that insulin is not being delivered
- Your temp basal rates or extended boluses are canceled when insulin delivery suspends

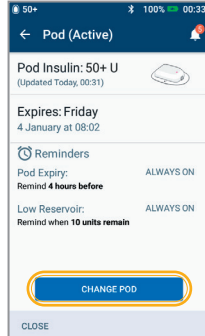
Omnipod DASH® Insulin Management System Podder™ Quick Glance Guide



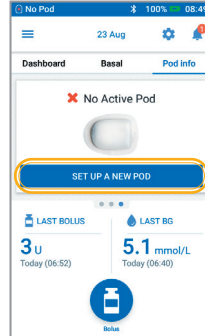
How to Change a Pod



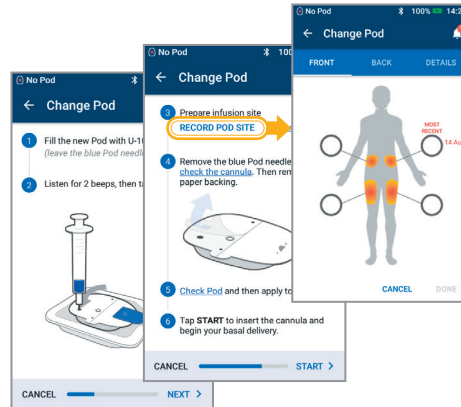
1. Tap "Pod Info" on the Home screen
 - Tap "VIEW POD DETAILS"



2. Tap "CHANGE POD"
 - Carefully follow the on-screen directions
 - Pod will be deactivated



3. Tap "SET UP NEW POD"



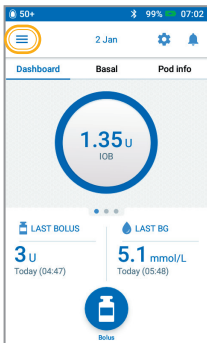
4. Carefully follow the on-screen directions

For more detailed instructions refer to the Omnipod DASH® Insulin Management System User Guide

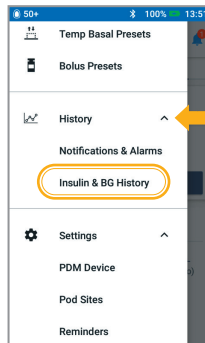
Don't forget!

- Keep the Pod in plastic tray during fill and prime
- Place the Pod and PDM next to each other and touching during priming
- Record your pod site and ensure you are rotating your pod sites well

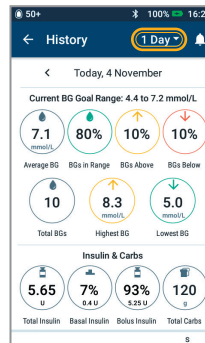
How to View Insulin and BG History



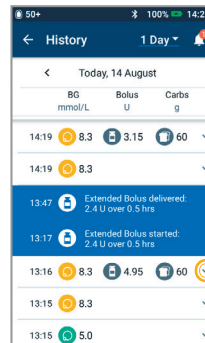
1. Tap Menu icon on the Home screen



2. Tap "History" to expand list
 - Tap "Insulin & BG History"



3. Tap the day drop-down arrow to view 1 day or multiple days



4. Continue swiping up to see the details section
 - Tap the down arrow to display more details

History at Your Fingertips!

- BG info:
 - Average BG
 - BG in Range
 - BGs Above and Below range
 - Average Readings per day
 - Total BGs (in that day or date range)
 - Highest and Lowest BG
- Insulin info:
 - Total Insulin
 - Avg Total Insulin (for date range)
 - Basal Insulin
 - Bolus Insulin
 - Total Carbs
- PDM or Pod events:
 - Extended Bolus
 - Activation/reactivation of a Basal program
 - Start/end/cancellation of a Temp Basal
 - Pod activation and deactivation

This Podder™ Quick Glance Guide is intended to be used in conjunction with your Diabetes Management Plan, input from your healthcare provider, and the Omnipod DASH® Insulin Management System User Guide. Personal Diabetes Manager imagery is for illustrative purposes only and should not be considered suggestions for user settings.

Refer to the Omnipod DASH® Insulin Management System User Guide for complete information on how to use the Omnipod DASH® System, and for all related warnings and cautions. The Omnipod DASH® Insulin Management System User Guide is available online at Omnipod.com or by calling Customer Care (24 hours/7 days), at 1-855-POD-INFO (763-4636).

This Podder™ Quick Glance Guide is for Personal Diabetes Manager model PDM-CAN-D001-MM. The Personal Diabetes Manager model number is written on the back cover of each Personal Diabetes Manager.

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