



omnipod[®]
insulin management
system

DASH[®]

Caregiver Guide

Introduction

This Guide is intended as a resource for caregivers, teachers, childcare workers, and anyone else providing support to people with diabetes who are using the Omnipod DASH® Insulin Management System.

The Guide gives a brief overview of the Omnipod DASH® System and provides simple, user-friendly instructions to guide you through common situations where Omnipod DASH® users may need assistance such as changing a Pod, delivering a bolus (single dose) of insulin, or managing the symptoms of low and high blood sugar.

We hope that the Guide provides you with all the information you need to help the Omnipod DASH® users you support.

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The Omnipod DASH® System Pod

A Bluetooth®-Enabled Pod that Delivers both Basal AND Bolus Insulin



The Omnipod DASH® System Personal Diabetes Manager

A Bluetooth®-Enabled Personal Diabetes Manager (PDM) that Controls All Pod Functions

Home Screen View

- View current Pod and PDM status
- View Notifications and Alarms
- Reference LAST BOLUS and LAST BG
- Easily deliver a bolus using the Bolus Button

Reminder

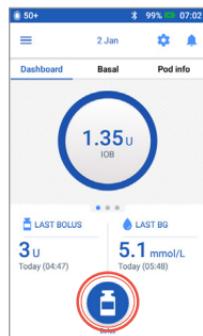
- To unlock the PDM, use the four-digit PIN
- If you do not know the PIN, you can unlock the PDM using the last four digits of the serial number on the back of the device



How to Deliver a Bolus

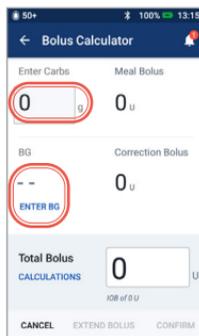
Reminder

The Home screen displays a progress bar and details while you are delivering a bolus. Once you can see the progress bar, the Pod is delivering insulin and the Pod and PDM no longer need to be within communication range of each other (1.5m or about 5 ft).



1

Tap Bolus button on the home screen



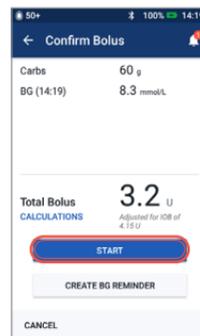
2

Tap “Enter Carbs” to input grams of carbs. Enter BG manually by tapping “Enter BG”



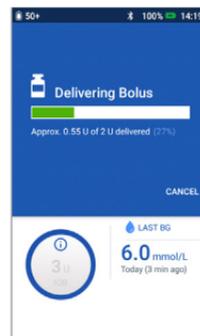
3

Tap “CONFIRM” once you have reviewed the values entered



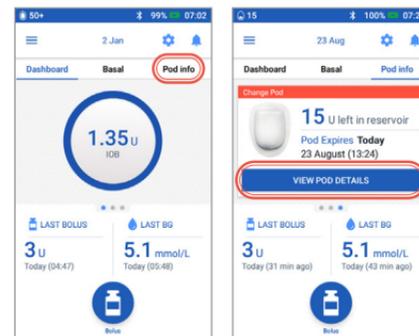
4

Tap “START” to begin bolus delivery



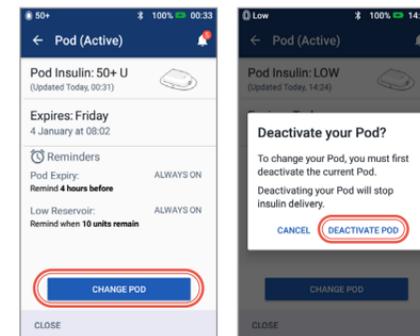
5

Delivering bolus



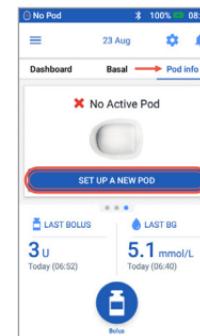
1

Tap “Pod Info” on the home screen. Then tap “VIEW POD DETAILS”



2

Tap “CHANGE POD.” Then tap “DEACTIVATE POD.”



3

Tap “SET UP NEW POD.” Carefully follow the on-screen directions

Don't forget!

- Check blood glucose (BG) 1.5-2 hours after a Pod change to ensure it is at a safe level

How to Change a Pod

For more detailed instructions, refer to the Omnipod DASH® System Podder™ Resource Guide. PDM Screen images are for educational purposes only and should not be considered suggestions for user settings. A healthcare provider should be consulted for personalized settings.

How to Fill, Apply, and Activate a Pod



1

Fill the syringe

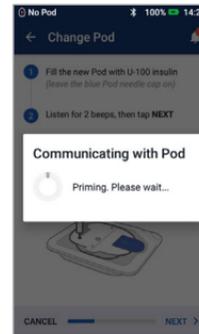
After drawing air into the fill syringe, insert the needle into the insulin vial and inject air. Turning the vial and syringe upside down, fill the syringe with the amount of insulin you will use. Then tap and flick the syringe to remove any air bubbles.



2

Fill the Pod

Leaving the Pod in its plastic tray, insert the needle straight down into the fill port on the underside of the Pod. Completely empty the syringe. The PDM will beep twice, which means you may proceed. Return to the PDM and tap "NEXT"



3

Wait for the Pod to prime

Place the PDM next to the Pod. The PDM will establish a one-to-one relationship with the Pod ("priming"). When the PDM is finished priming the Pod, it will beep.



4

Select the infusion site

Be sure to pick a site where the Pod will not be affected by folds of skin. Clean the site with an alcohol swab and allow to air dry.



5

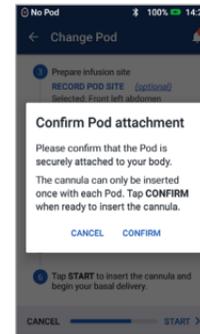
Prepare and apply the Pod

Remove the Pod's blue needle cap and remove the white paper backing from the adhesive. Apply the Pod to the selected site.



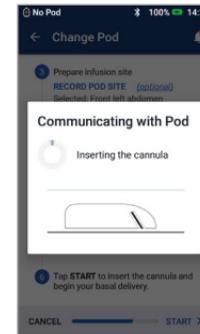
6

Tap "START" on the PDM screen



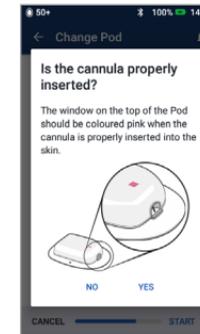
7

Verify that the Pod is securely attached to the individual's body and tap "CONFIRM"



8

Wait while the Pod inserts the cannula

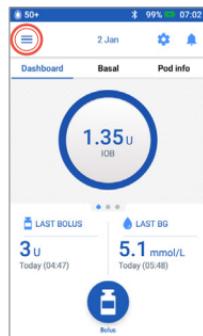


9

Verify the cannula is properly inserted by checking that the pink slide insert is visible in the window on top of the Pod and the blue cannula is visible in the viewing window

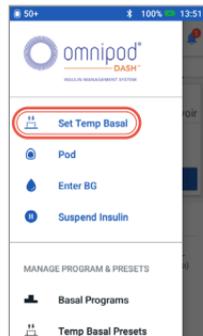
How to Set a Temporary (Temp) Basal Rate

A temporary basal rate lets you adjust background insulin for a predetermined period of time. This feature is best used to account for a temporary change in a daily routine, such as physical activity or times of illness. Temporary basal rates can be set for durations of 30 minutes to 12 hours; once the time limit is reached, the Pod returns to the active basal program automatically.



1

Tap Menu icon on the Home screen



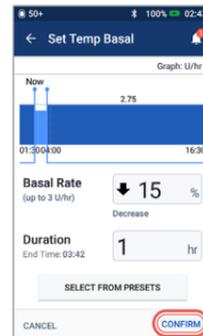
2

Tap "Set Temp Basal"



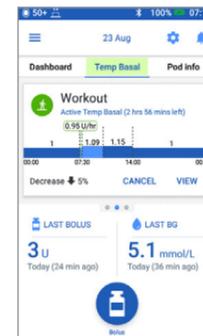
3

Tap Basal Rate entry box and select % change. Tap Duration Entry box and select the time duration



4

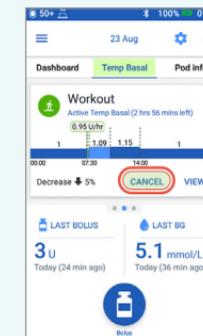
Tap "CONFIRM" to start temp basal



Once confirmed, Temp Basal is highlighted in green to indicate that a temp basal is currently running

Cancelling temp basal

To cancel a temp basal, tap "CANCEL"

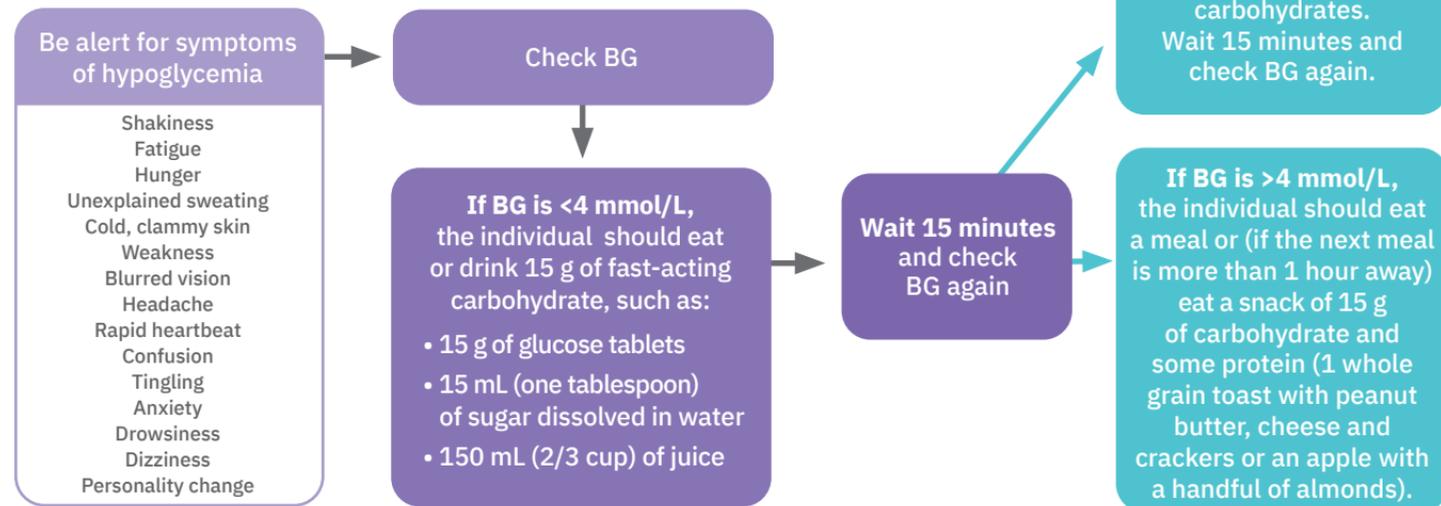


Hypoglycemia – Symptoms and Treatment

Hypoglycemia occurs when BG is lower than 4 mmol/L or when symptoms of hypoglycemia occur (see flowchart below). Low BG can happen quickly, so it is important to treat it immediately.

If a person with diabetes is unresponsive, call 911.

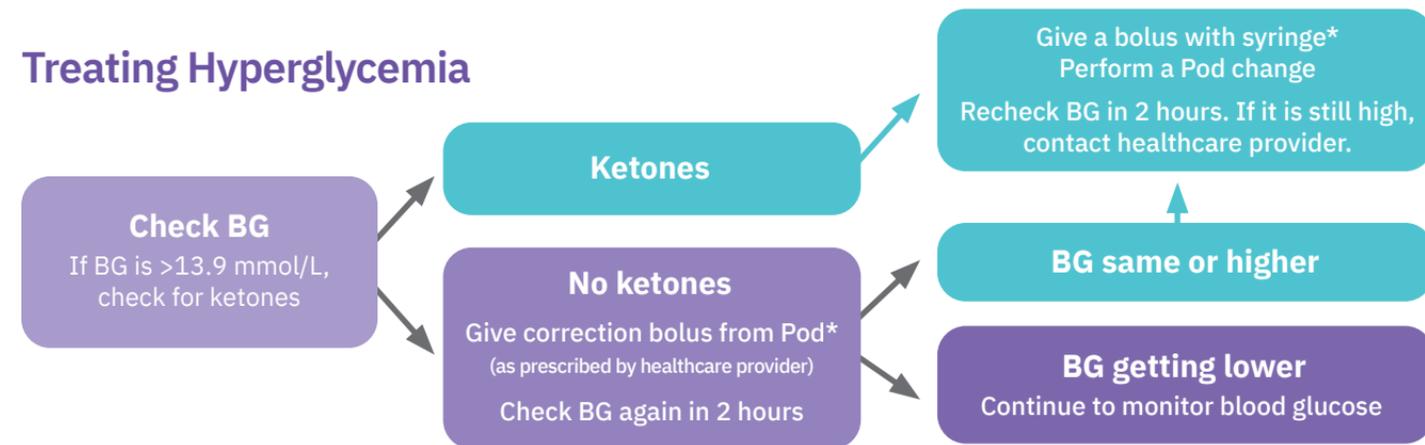
Treating Hypoglycemia



Hyperglycemia – Symptoms and Treatment

Hyperglycemia occurs when BG is higher than 13.9 mmol/L. Signs of hyperglycemia can include fatigue, frequent urination, unusual thirst or hunger and blurry vision. If you think the individual you are caring for is experiencing hyperglycemia, check their BG.

Treating Hyperglycemia



Warning: If the person with diabetes is experiencing persistent nausea and/or vomiting, or has diarrhea over two hours, contact their healthcare provider immediately. In an emergency, another person should take them to the emergency room or call an ambulance; they should NOT drive themselves.

Tips and Tricks

- The PDM is rechargeable and can be used while it is charging
- After you perform an action on the PDM, a green confirmation banner will appear. Wait five seconds for it to disappear or swipe right to remove it
- If the Pod is beeping, there may be an alert or alarm that requires you to take action. For more information, turn on the PDM and follow the on-screen instructions
- Check with the Pod/PDM user, their family or caregiver(s) to learn about advanced features like presets and the Pod Site Tracker
- When in doubt, call Customer Care Support at 1-855-763-4636

Important Safety Information

- The **Omnipod DASH® Insulin Management System** is intended for subcutaneous (below the skin) delivery of insulin at set and variable rates to control blood glucose levels in persons with diabetes mellitus who require insulin.
- The **Omnipod DASH® System** has been tested and found to be safe for use with the following U-100 insulin: NovoRapid®, Humalog®, Admelog®, Apidra® or Fiasp.®
- Refer to the **Omnipod DASH® Insulin Management System User Guide** for complete safety information including indications, contraindications, warnings, cautions, and instructions.

Notes



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