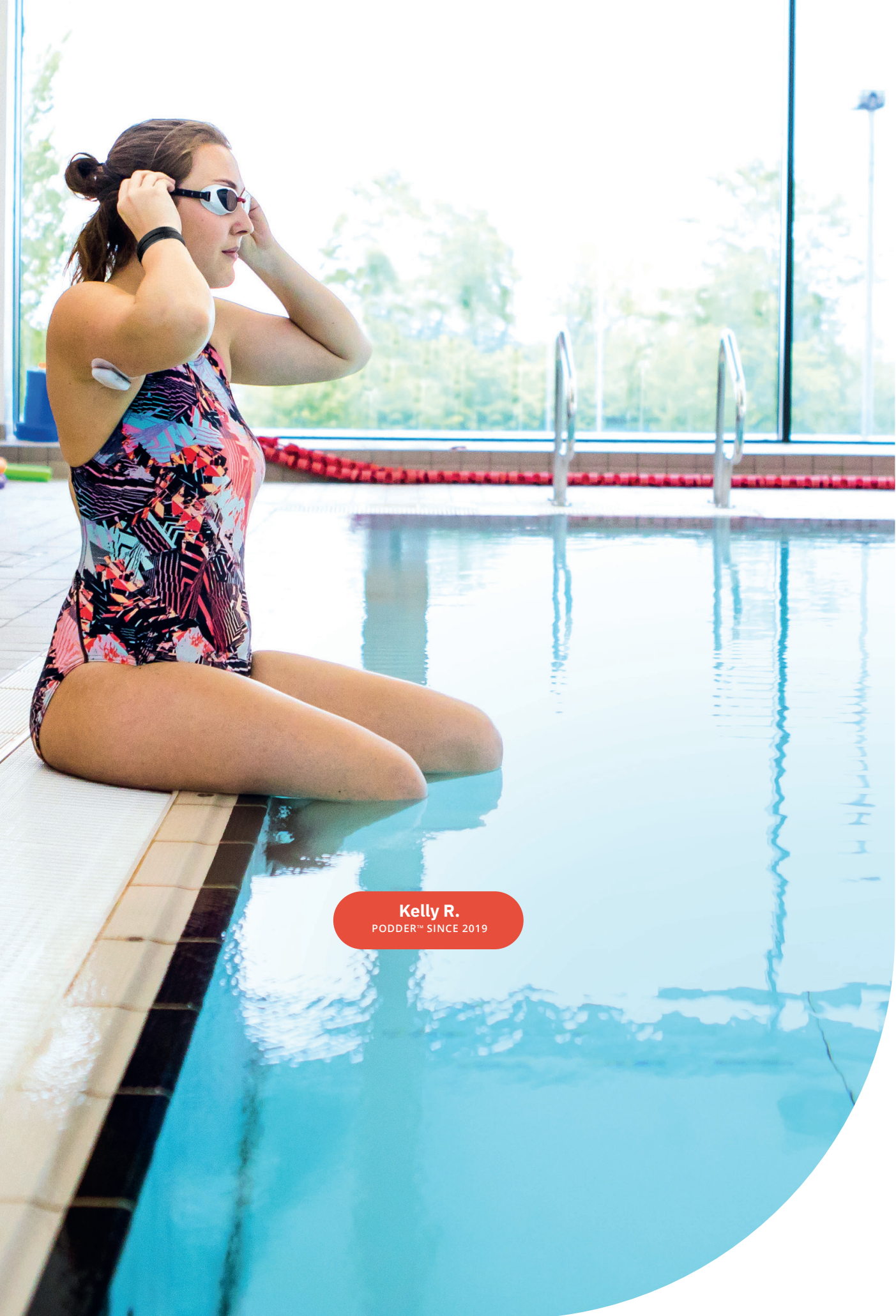


Omnipod DASH® Insulin Management System

Healthcare Professional Resource Guide

**Simplify
Insulin
Delivery**

Myrthe Heida
PODDER™ SINCE 2019



Kelly R.
PODDER™ SINCE 2019

*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

Get to know the Omnipod DASH® System

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What is the Omnipod DASH® System?

The Omnipod DASH® Insulin Management System is a tubeless, waterproof* insulin pump for people with diabetes requiring insulin.

It consists of just two primary parts— the tubeless Pod and the handheld Omnipod DASH® Personal Diabetes Manager (PDM) that is used to program insulin delivery via Bluetooth® wireless technology**.

- > The Pod is discreet, tubeless and waterproof* and can provide up to 3 days non-stop insulin delivery***
- > The new modern, touch-screen Omnipod DASH® PDM is intuitive to learn and fast to teach
- > Personalised insulin delivery for your patients with unique insulin needs. Zero Basal Rate and fractional insulin to carb ratios makes the Omnipod DASH® Insulin Management System suitable for patient's with diabetes requiring insulin within your practice
- > Pod Site Tracker feature may promote site rotation, skin integrity and absorption
- > Quick access to your patient's data when uploaded into Glooko® Data Management System



*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

**At start up the PDM and Pod should be adjacent and touching, either in or out of tray to ensure proper communication during priming. The Pod and PDM should be within 1.5 metres during normal operation.

***Up to 72 hours of continuous insulin delivery.

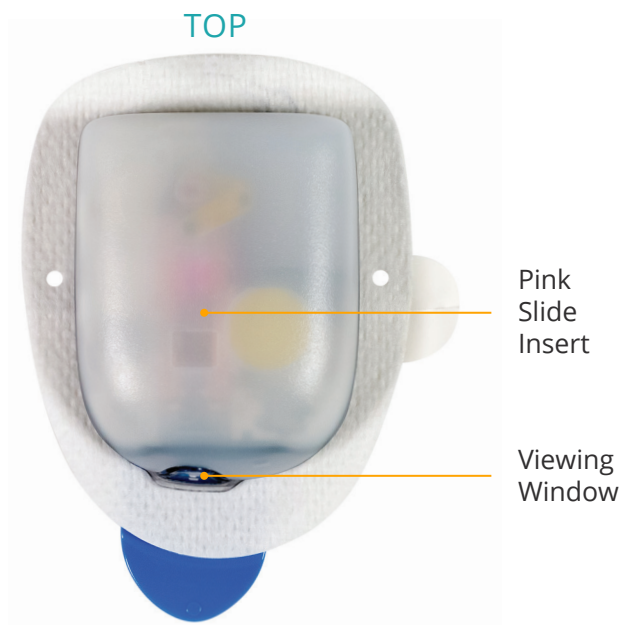
Screen image is an example, for illustrative purposes only.

The Omnipod DASH® Pod

A discreet, tubeless and waterproof* Pod that can provide up to 3 days of non-stop insulin delivery**.

Worn almost anywhere that insulin would usually be injected, the small, flexible cannula inserts automatically at the touch of a button, beginning personalised insulin delivery.

The Pod can be worn discreetly under clothing and is waterproof* meaning more freedom for your patient.



Features:

- > Built-in 200-unit insulin reservoir, angled infusion set, automated inserter, delivery mechanism, and power supply
- > Lightweight Pod
- > Automatic cannula insertion at the push of a button
- > Pink slide insert window to ensure the cannula has been deployed
- > Durable, waterproof* exterior shell

Specifications:

- > Size: 3.9 × 5.2 × 1.45 cm
- > Weight: 26g without insulin
- > Insulin reservoir volume: 200 units
- > Cannula insertion depth: 6.5 mm
- > Waterproof IP28 rating: 7.6 metres for up to 60 minutes*
- > Operating temperature range: 5°C to 40°C
- > Expiration time: 72 hours**



*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

**Up to 72 hours of continuous insulin delivery.

The Omnipod DASH® PDM

A Bluetooth® wireless technology enabled Personal Diabetes Manager (PDM) that controls all Pod functions and is programmed based on your patients' unique needs.



Home Screen View:

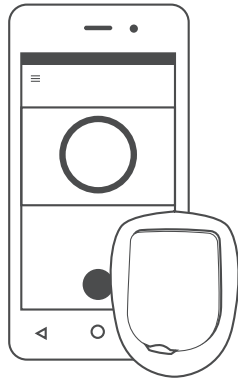
- > View current Pod and Personal Diabetes Manager Status
- > Access more system options in the Menu icon
- > View Notifications and Alarms
- > Access Insulin on board (IOB) in the Dashboard view
- > Review and edit Basal Programs in Basal view
- > View details of the Pod and access Pod Change in Pod info view
- > Reference LAST BOLUS and LAST BG [Blood Glucose]
- > Easy access to deliver a Bolus via Bolus button

TIP: You can find the following items by tapping the Menu icon:

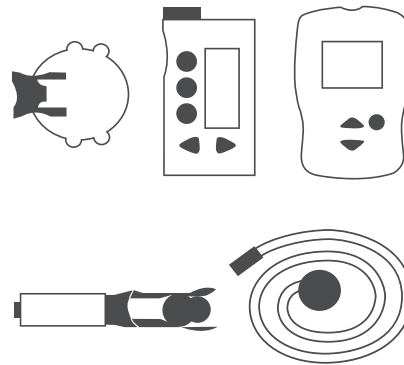
- > Alternate access to Basal and Pod info
- > Set Temporary Basal
- > Enter Blood Glucose
- > Suspend Insulin
- > Manage Temporary Basal and Bolus Presets
- > View History
- > Edit Settings

Tubeless Flexibility

Tubeless means fewer parts than tubed insulin pumps. The Pod both holds and delivers the insulin, without any concern of tubes getting in the way.



VS



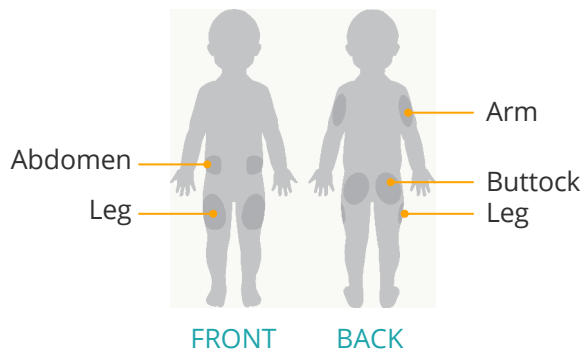
OMNIPOD DASH® SYSTEM

2 Components

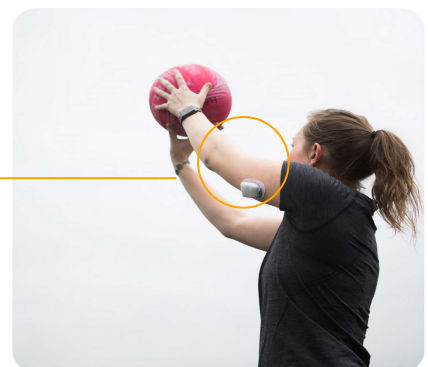
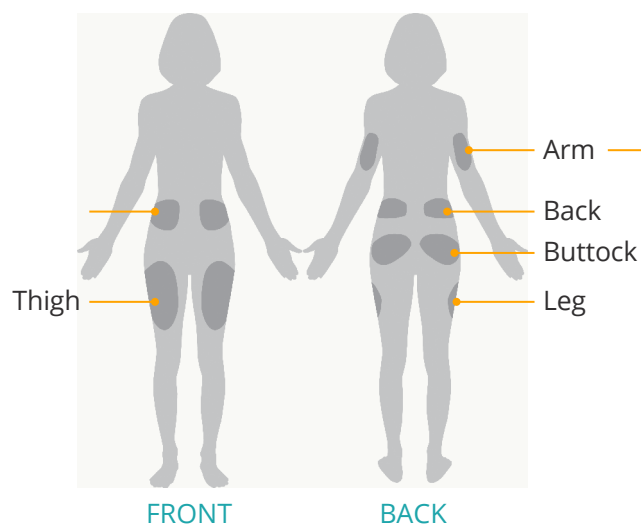
TRADITIONAL TUBED PUMPS

3+ Components[^]

[^]Representative of average components for traditional pumps on the market



The Pod can be worn almost anywhere insulin would usually be injected, and without the tethering of tubed insulin pumps, your patient has more freedom to move, play, exercise, swim,* sleep, be intimate and live life to the fullest.



*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

Discreet, Wearable and Waterproof*



Marcus B.
PODDER™ SINCE 2017

The Pod is small, lightweight and can be worn discreetly under your patient's clothing.

And the Pod is waterproof*. It can be worn in the shower, the bath or when swimming, with no disruption to insulin delivery.



Alexis B.
PODDER™ SINCE 2013

*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

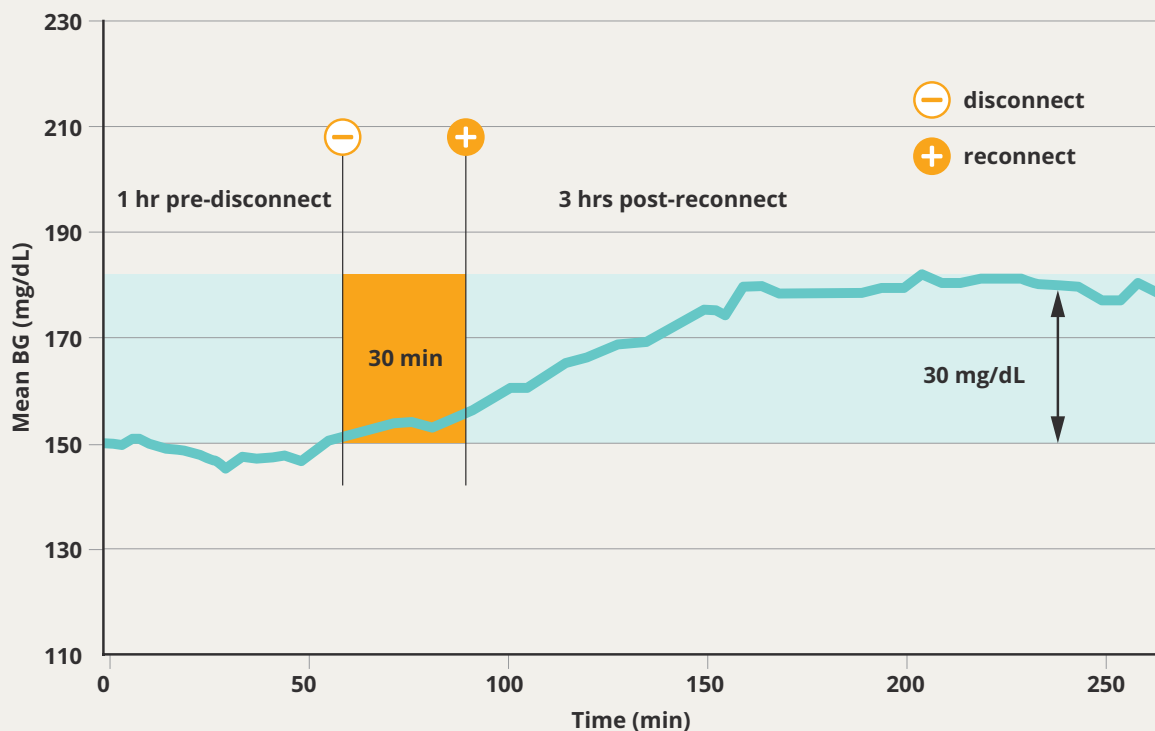
Continuous Insulin Delivery

Even short-term interruption of insulin delivery can cause blood glucose levels to rise and remain elevated for hours post-interruption.¹

Because the Pod is applied directly to the body and is waterproof*, it doesn't have to be removed to shower, exercise, or be intimate. So unlike traditional insulin pumps, there is no need to disconnect, making sure insulin delivery is truly continuous.

A prospective, open-label study, published in Diabetes Care, measured the impact of short-term infusion set disconnects on glucose levels. The conclusion: a "30-minute interruption of basal insulin infusion resulted in significant glucose elevation; ~1 mg/dL for each minute basal insulin infusion was interrupted."¹

P<0.001



*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

1. Zisser H. Quantifying the Impact of a Short-Interval Interruption of Insulin-Pump Infusion Sets on Glycemic Excursions. Diabetes Care. 2008; 31:238-239. This study was completed on a prior generation of the Omnipod® Insulin Management System.

Easy to Get Started

The Pod is easy to set up. Simply fill the Pod with insulin and start the automatic prime. The cannula is inserted at the push of a button on the Omnipod DASH® PDM.

Step 1. Fill the Pod

The Pod automatically primes itself and performs a series of safety checks to prepare for insulin delivery. Note: PDM must be placed adjacent to the Pod when filling.



Step 2. Apply the Pod

The Pod can be worn almost anywhere a patient would inject insulin. Run your finger around the adhesive to secure it.



Step 3. Press Start on the Omnipod DASH® PDM

The cannula inserts automatically at a consistent angle and to a consistent depth. Insulin delivery begins seamlessly with no need to see or touch the insertion needle.



Screen image is an example, for illustrative purposes only. Refer to the Omnipod® Insulin Management System User Guide for complete safety information including indications, contraindications, warnings, cautions, and instructions.

Simple to Program

The Pod and the Omnipod DASH® PDM communicate via Bluetooth® wireless technology*.



THE OMNIPOD DASH® PDM

THE OMNIPOD DASH® POD

The Omnipod DASH® PDM provides clear, easy-to-follow, step-by-step instructions on how to set up the Pod and program personalised insulin delivery.

This means that you can spend less time on the technical aspects of the device and more time focusing on your patient's diabetes management.

The Omnipod DASH® PDM programs personalised insulin delivery based on the set and variable rates that you recommend to your patient in their diabetes management plan. It comes with a built-in bolus calculator to help deliver an accurate bolus dose. The calculator uses current blood glucose readings that are entered manually along with carbs entered and insulin on board to determine a suggested bolus dose.

*At start up the PDM and Pod should be adjacent and touching, either in or out of tray to ensure proper communication during priming. Pod and PDM should be within 1.5 metres during normal operation. Screen image is an example, for illustrative purposes only.

Omnipod DASH® PDM System Options and Settings

Bolus	<ul style="list-style-type: none"> > Increments: 0.05 U > Max. bolus: 30 U > Max. bolus flow rate: 1.5 U/min > Extended bolus: % or U
Basal	<ul style="list-style-type: none"> > 12 basal programs > 24 segments in 30 minute increments > Max. basal rate: 30 U/h > Basal rate increment: 0.05 U/h > Temporary basal: % or U > Zero Basal Rate
Bolus calculator	<ul style="list-style-type: none"> > Insulin on board (IOB) > 8 segments for target blood glucose value > 8 segments for insulin-to-carb ratio, can be set in 0.1g carb/U increments, Max carb entry =225g > 8 segments for correction factor
Presets	<ul style="list-style-type: none"> > 7 bolus > 12 temporary basal
Memory	<ul style="list-style-type: none"> > Stores up to 90 days of data

Pre-Pod Training Proficiencies

Suggested patient assessment

- > Obtain relevant diabetes medical history:
 - Type of diabetes and duration
 - Complications
 - Diabetes medications
- > Assess understanding of diabetes self-management topics:
 - Insulin regimen
 - Blood glucose testing and/or continuous glucose monitoring (CGM)
 - Medical nutrition therapy

Suggested diabetes management topics

- > Carbohydrate counting instruction
- > Blood glucose self-monitoring (frequency, logbook)
- > Hypoglycaemia symptoms and treatment
- > Hyperglycaemia symptoms and treatment
 - Ketones, diabetic ketoacidosis (DKA), ketone testing supplies
- > Illness and physical activity

Suggested insulin pump therapy topics

- > Define differences in transitioning therapy
- > Define basal rates and bolus doses
- > Basal programs and segments
- > Temporary (temp) basal rates
- > Suggested bolus calculations
 - Insulin on board (IOB)
 - Insulin to carbohydrate ratio
 - Correction factor

Suggested Omnipod DASH® System topics

- > System overview
- > Omnipod DASH® Personal Diabetes Manager (PDM)
 - Button function and layout
 - Communication distances
 - Data download
- > Pod
 - Placement options
 - Site rotation
 - Waterproof* (IP28 rating)
 - Customer Care, support and reorder

*The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.



Saline/Insulin Start Training Proficiencies

Supplies for training

- > Omnipod DASH® Pod
- > Omnipod DASH® Personal Diabetes Manager (PDM)
- > Saline or insulin
- > Alcohol swabs
- > Glucose meter, strips, lancing device/control solution

Omnipod DASH® System overview

- > Communication process, distance, failures
- > Status unavailable, RF Icon

Omnipod DASH® Pod overview

- > Waterproof (IP28) 7.6 metres for 60 minutes
- > Worn up to 3 days*
- > Storage guidelines

Omnipod DASH® PDM

- > Button layout review
- > Initial PDM setup
- > Settings/feature reviewed
- > Screen/backlight time-out

Home screen/menu

- > Bolus actions
 - Correction bolus
 - Meal bolus
 - Extended bolus
 - Confirm/deliver
 - Cancel Bolus
- > Dashboard
- > Basal
- > Pod Info

More actions/Pod activation

- > Change Pod
 - On-screen directions; Follow them exactly
 - Room temperature Pod and insulin
 - Fill syringe - discuss max./min. amounts
- > Fill port/blue needle cap
- > Automatic prime
- > Prime Pod side by side with and touching PDM
- > Site selection/rotation
- > Site preparation
- > Automated cannula insertion
 - Check infusion site/cannula/viewing window
 - Pink slide insert
- > Vibration
- > Temporary basal rates
 - Increase/decrease
 - 2 beeps every 30 min.
- > My records
 - Insulin, BG, alarm, carb
 - All history
 - Event/day functionality
 - Download program
- > Suspend/resume/cancel
 - All delivery time based
 - Temporary rate- set and cancel
 - Extended Bolus - cancel

Settings

- > Basal Program set up
- > Temp Basal /presets
- > Bolus setup
- > Bolus Presets
- > Change/edit settings

*Up to 72 hours of continuous insulin delivery.

Saline/Insulin Start Training Proficiencies

Blood glucose monitoring

- > Manual BG entry
- > BG tagging

Status screens

- > ID screen
- > Battery life
- > Volume remaining
- > Time/date
- > Last BG/last bolus
- > Current basal rate
- > Pod expiration
- > Insulin on board (IOB)

Additional checklist items

- > Troubleshooting hypoglycaemia and hyperglycaemia
- > When to change Pod
- > Daily back-up supplies kit
- > Review User Guide/ Safety information

Alerts, alarms & hazards

- > On-screen instructions
- > Custom reminders
 - BG reminders
 - Bolus reminders
 - Expiration
 - Program reminders
 - Confidence reminders
- > Advisory alarms (beeps and vibrates - response required)
 - Low reservoir
 - Expiration alert/advisory
 - End of insulin suspend
- > Hazard alarms (continuous tone and vibrates - attention required)
 - Empty reservoir - change Pod now
 - Pod expired - change Pod now
 - Occlusion detected
 - Auto-off- remove Pod now
 - Errors: PDM, Pod, system



The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

Alexis B.

PODDER™ SINCE 2013

Follow-up Training Proficiencies

Suggested diabetes management topics

- > Illness and physical activity review
- > Blood glucose self-monitoring and/or continuous glucose monitoring review
- > Hypoglycaemia occurrence and treatment
- > Hyperglycaemia occurrence and treatment
- > Hospitalisations, medical tests and procedures (planned or occurred)

Suggested insulin pump therapy topics

- > Basal rate evaluation
- > Bolus dose evaluation
- > Advanced features
 - Temp basal
 - Extended bolus
 - Multiple basal programs

Suggested Omnipod DASH® System topics

- > Pod change process review
- > Pod site selection and rotation review
- > Data download review
- > System troubleshooting review
- > Customer Care and support reorder reminder



Pod Therapy Settings Guide

Initial PDM Setup

Personalise the Omnipod DASH® PDM Lock Screen Message, PIN and screen background. Then set the time, year, month, day, date format.

1. Maximum rate	Enter maximum basal rate (up to 30 Units per hour)		U/hr	
2. Basal program	Enter basal rate that begins at midnight to start basal creation process			
			U/hr	
	Time segment	Rate	Time segment	Rate
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	to	U/hr	to	U/hr
	Note: The basal program can include a maximum of 24 segments.			
3. Temporary basal rate	Set temporary basal rate to %, U/hr, or Off (Default = Off).			
	<input type="checkbox"/> % <input type="checkbox"/> U/hr <input type="checkbox"/> Off			
	A temporary basal rate can be set from 30 minutes to 12 hours			
4. BG goal limits	Enter lower and upper limits of BG goal for use in BG history. This will be used for graphical display of BG readings (not for use in bolus calculations).			
	Lower limit	mmol/L		
	Upper limit	mmol/L		

Initial PDM Setup (continued)

5. Suggested bolus calculations

Turn On for PDM to suggest boluses based on individual settings below.


If suggested bolus calculations is set to On, complete sections A - F.

☐ On ☐ Off

A. Target BG

Enter target BG value that starts at midnight.

Then enter "correct above" value to reduce an elevated BG.

Time segment	Target	Correct above
 to		mmol/L
 to		mmol/L
 to		mmol/L
 to		mmol/L
 to		mmol/L
 to		mmol/L
 to		mmol/L
 to		mmol/L

B. Minimum BG – for bolus calculations

The value below which the system will not perform a suggested calculation.

Range = 2.8-3.9 mmol/L in 0.1 mmol/L increments

_____ mmol/L

C. Insulin to Carb (IC) ratio

The ratio of insulin to carb, starting at midnight.

Time segment	1 unit of insulin covers
 to	g/carb
 to	g/carb
 to	g/carb
 to	g/carb
 to	g/carb
 to	g/carb
 to	g/carb
 to	g/carb

Initial PDM Setup (continued)

D. Correction factor

Enter initial correction factor:

Time segment

1 unit of insulin decreases BG

	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L
	to	_____	mmol/L

E. Reverse correction

If On, pump will suggest a reduced meal bolus for a BG under the target BG value.

If Off, the system will not compensate for a BG under the target value. (Default = On)

☐ On ☐ Off
F. Duration of insulin action

Duration for which insulin will remain “active” in the body from a previous correction bolus.

Duration can be set from 2-6 hours in 0.5 hour increments.

_____ hours

6. Maximum bolus

Enter the maximum bolus, up to 30 Units, in 0.05 Unit increments.

(Be sure to consider the largest meal, and a high BG requiring a correction)

_____ U

7. Extended bolus

This feature allows a bolus dose to be delivered over an extended period of time.

An extended bolus can be set from 30 minutes to 8 hours in 30 minute increments

☐ % ☐ Units ☐ Off

Omnipod® Support

The Omnipod® Support is available to make your patient's transition to the OmnipodDASH® System as simple as possible. We offer a range of value added services to help you and your patient make the most of what the Omnipod DASH® System has to offer.

For more information about the individual services and their availability please visit www.omnipod.com/en-au or give your local Omnipod® Customer Care Team a call.

> Pod Experience Kit

A free, non-functioning* sample Pod for your patients that want to try the Pod

> Omnipod DASH® System Training

Our local Clinical Specialists are available to support you get patients trained and started on the Omnipod DASH® System

> Educational and Training Resources

How-to videos, resource guides, tips & tricks, lots of educational and training support for you and your patients, always available on www.omnipod.com

> Reordering consumables

For guidance on how your patient can reorder Pods and other consumable items, please contact your local Omnipod® Customer Care Team

> Insulet Pod Disposal Programme

Provides Podders™ with an alternative way to dispose of used Pods. Please refer your Podders to their local Omnipod® Customer Team or current Omnipod DASH® System provider for more information

> Insulet Partnering with Glooko®

Access for you and your patient to all of their diabetes information in one easy-to-use platform. They can review their diabetes patterns on their smartphone or personal computer, understand the cause-and-effect relationship of their activities on their blood glucose, and easily share their diabetes data with you



*The sample Pod is a needle-free, non-functioning Pod that can be worn for up to 3 days.

Continual innovation

At Insulet, we're constantly improving our technology keeping you in mind.

When we have something new to share, you'll be the first to know.

Omnipod® Customer Care Team

Our goal is to make life easier for you and your patients. You can be confident knowing we're with you every step of the way.

The Omnipod® Customer Care Team is available 24 hours a day, 7 days a week to assist you or your patient with any questions or queries about the Omnipod DASH® System.

Whether you need emergency technical support or guidance on how to reorder Pods, our professional team is here to help – just pick up the phone.

Country:	Phone number*:	Phone number when calling from Overseas:	Email:
Australia	1800 954074	+61 272 084352	omnipod-aus@insulet.com

For Healthcare professional training resources and more visit omnipod.com/en-au/hcp
 For Patient Training resources including Omnipod DASH® System How-to-Videos and more visit omnipod.com/en-au

VISIT WWW.OMNIPOD.COM/EN-AU

Important Safety Information:

The Omnipod® Insulin Management System is intended for subcutaneous delivery of insulin at set and variable rates for the management of diabetes mellitus in persons requiring insulin and for the quantitative measurement of glucose in fresh whole capillary blood from the finger. The glucose measurements should not be used for the diagnosis or screening for diabetes. The Personal Diabetes Manager (PDM) glucose meter is intended for single-patient use and should not be shared. The Omnipod DASH® Insulin Management System is intended for subcutaneous delivery of insulin at set and variable rates for the management of diabetes mellitus in persons requiring insulin. The Omnipod® System and Omnipod DASH® System has been tested and found to be safe for use with the following U-100 insulin: Novolog®/NovoRapid®, Humalog®, Fiasp®, Admelog® or Apidra®. Refer to the Omnipod® Insulin Management System User Guide or the Omnipod DASH® Insulin Management System User Guide for complete safety information including indications, contraindications, warnings, cautions, and instructions.

*Calls may be monitored and recorded for quality monitoring purposes.
 Calls to 1800 numbers are free from local landlines,
 but other networks may charge for these calls.

[illegible]



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Omnipod® Customer Care Team

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