

# OMNIPOD DASH® SYSTEM POD START CHECKLIST



Confidential: Personal information

Name: \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Pod Start Date: \_\_\_\_\_ Pre-Pod Training Date: \_\_\_\_\_ Planned Follow up Date: \_\_\_\_\_

## Introduction to Pump Therapy

- Reviewed diabetes education topics: Blood glucose (BG) testing, treating hypoglycaemia & hyperglycaemia, carbohydrate counting, sick day management
- Reviewed Pump Therapy Concepts: Basal/bolus, Insulin On Board (IOB), Insulin/ Carb (IC) ratio, Correction Factor, duration of insulin action

## Be Prepared:

- Omnipod DASH® PDM/Pod/PDM charging cable
- Insulin
- BG meter/BG test strips/lancets/lancing device
- Backup supplies – insulin/BG testing supplies
- Glucose tablets/fast acting source of carbohydrate/Glucagon

## Supply Reorder:

- When to reorder
- How to reorder

## System Overview

- Communication process/distance
- Storage guidelines
- Diagnostic tests (CT scans/MRI/X-rays)
- Travel guidelines

## Pod

- Fill port/adhesive/needle cap/pink slide insert/Waterproof IP28\*

## PDM (Personal Diabetes Manager)

- Battery/button layout

## BG Meter

- BG meter usage
- Manual entry of BG value from meter to PDM

## PDM Settings

- Basic settings – Personalised lock screen/time/time zone/date/date format
- Basal settings – max basal, basal rates, temp basal
- Bolus settings - Target BG, Insulin to Carb (IC) ratio, Correction Factor, min BG for bolus calculations, reverse correction, duration of insulin action, extended bolus, max bolus

## Pod Activation

- Change Pod
  - Room temperature insulin
  - Fill syringe – min/max amounts
  - DO NOT prefill Pod
  - Site selection/rotation & prep
  - Automated cannula insertion – check infusion site/viewing window & pink slide insert
  - BG reminder 1.5 hours after insertion
  - When to change Pod

## Home Screen

- Status Bar, Menu Icon, Notification/Alarms
- Tabs
  - Dashboard – Insulin on board (IOB if Calculator ON)
  - Basal (Temp Basal if Temp Basal running)
  - Pod Info – View Pod detail
- Last Bolus, Last BG
- Bolus Button

## Menu Icon

- PDM function – Temp Basal, Pod, Enter BG, Suspend
- Manage Programs & Presets – Basal programs, Temp Basal presets, Boluspresets
- History – Notifications & Alarms, Insulin & BG History
- Settings – PDM Device, Pod sites, Reminders, Blood Glucose, Basal & Temp Basal, Bolus
- About

## Advanced Features (optional)

- Extended bolus
- Temp basal rate
- Additional basal programs
- Presets – Temp basal/Bolus presets

## Troubleshooting

- Hypoglycaemia
- Sick day management
- Hyperglycaemia & ketone

## Notifications & Alarms

- Custom reminders
- Pod Expiration alert (defaulted to 4 hours, Changed to \_\_\_\_ or n/a)
- Low Reservoir alert (defaulted to 10u. Changed to \_\_\_\_ u or n/a)

## Advisory & Hazard Alarms

- Advisory alarms – intermittent tones – response required.
- Hazard alarm – Continuous vibration and Tone –urgent attention required – Pod Expired, Empty Reservoir, Occlusion, Pod Error, Auto Off, PDM Error, System Error
- Safety information of Pod and PDM

## Ongoing Success

- Pod Disposal Program
- Glooko®
- Omnipod® 24/7 Customer Care
- Reviewed User Guide
- Follow-up plan:

Trainer Name (Print) \_\_\_\_\_ Trainer Signature \_\_\_\_\_ Date \_\_\_\_\_

Patient/Guardian Name (Print) \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

\* The Pod has a waterproof IP28 rating for up to 7.6 metres for 60 minutes. The PDM is not waterproof.

INS-ODS-05-2021-00162- V0.4 © 2021 Insulet Corporation. Omnipod, the Omnipod logo, DASH and the DASH logo are trademarks or registered trademarks of Insulet Corporation in the United States of America and other various jurisdictions. All rights reserved. Glooko are trademarks of Glooko, Inc. and used with permission. Insulet Australia Pty Ltd. Level 16, Tower 2 Darlong Park. 201 Sussex St, Sydney, NSW 2000