

# Hypoglycaemia

## Hypoglycaemia

Blood glucose (BG) reading of less than 3.9 mmol/L/70 mg/dL or 4.5 mmol/L/≤ 80 mg/dL with symptoms.

Always follow your healthcare professional's recommendations on how to manage hypoglycaemia, including how to best manage your sick days and emergency situations.

A person who is hypoglycaemic should never be left unattended.

### Check PDM Settings.

- > Is the correct basal program active?
- > Is the PDM time set correctly?
- > Is the temp basal (if active) correct?
- > Are target blood glucose levels correct?
- > Is the insulin sensitivity factor (or correction factor) correct?
- > Is the insulin-to-carb ratio correct?

**Consult your healthcare professional for guidance regarding adjusting settings on your PDM.**

### Review Recent Activity.

#### Physical Activity.

- > Has your exercise been unusually long or strenuous?
- > Have you been unusually physically active (e.g. extra walking, housework, heavy or repetitive tasks, lifting or carrying)?
- > Did you use a decreased temp basal during this activity?
- > Did you consume carbs before, during and/or after activity?

#### Meals/Snacks.

- > Did you count the carbs correctly - including subtracting significant fibre?
- > Did you bolus with food?
- > Did you consume alcohol?

**Consult your Omnipod DASH® System User Guide for additional information**



### WARNING

Make sure your blood glucose is at least 5.5 mmol/L/100mg/dL before driving or working with dangerous machinery or equipment.

Even if you cannot check BG, do not wait to treat symptoms of hypoglycaemia.

Avoid hypoglycaemia unawareness by checking your BG more frequently.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

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# Hyperglycaemia

## Hyperglycaemia

Blood glucose (BG) reading of 13.9 mmol/L/250mg/dL or more.

Always follow your healthcare professional's recommendations on how to manage hyperglycaemia, including how to best manage your sick days and emergency situations.

### Check PDM Settings.

#### Check Status Screen.

- > **Last bolus:** Was the bolus too small?
  - Was the bolus timing correct?
  - Did you account for a high-protein or high-fat meal?
- > **Basal program:** Is the proper basal program running?
- > **Temp basal:** Do you have a temp basal running that you should have turned off?

### Check My Records.

- > **Alarm History:** Did you ignore or not hear alarms that should have been addressed?

### Check Pod.

#### Check your cannula through the viewing window.

- > Did the cannula slip out from under your skin?
- > Is there blood in the cannula?
- > Is there redness, drainage or other signs of infection around the cannula?
- > If yes, change your Pod. If you suspect an infection, call your healthcare professional.

#### Check your infusion site.

- > Is there redness or swelling around the Pod and adhesive?
- > Is insulin leaking from your infusion site or is there any odour of insulin?
- > If yes, change your Pod. If you suspect an infection, call your healthcare professional.

#### Check your adhesive dressing.

- > Is the adhesive dressing coming loose from your skin?
- > Is the Pod becoming detached from the adhesive dressing?
- > If yes, and if the cannula is still inserted properly, you may tape down the Pod or adhesive to prevent further detachment. If the cannula is no longer under your skin, change your Pod.

#### Check your insulin.

- > Has the insulin being used expired?
- > Has the insulin used been exposed to extreme temperatures?
- > If yes, change the Pod using a new vial of insulin.



### WARNING

Hyperglycaemia symptoms can be confusing. Always check your BG before treating your hyperglycaemia. Consult with your healthcare professional.

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