



SIMPLE, NON-STOP INSULIN DELIVERY FOR PEOPLE WITH DIABETES WHO INSIST LIFE STILL COMES FIRST.

Katie R.
Podder™
SINCE 2015



Omnipod® Insulin Management System

PODDER™ RESOURCE GUIDE



3 DAYS
NON-STOP
INSULIN

*Up to 72 hours of continuous insulin delivery



GET TO KNOW THE OMNIPOD® INSULIN MANAGEMENT SYSTEM

| | | | |
|---|----------|--|-----------|
| INTRODUCTION | 2 | OMNIPOD® SYSTEM | |
| Welcome | 2 | ADVANCED FEATURES | 22 |
| Supply list | 3 | Advanced features: bolus | 22 |
| The Pod | 4 | Advanced features: basal | 23 |
| Personal Diabetes Manager (PDM) | 5 | Advanced features: presets | 24 |
| Basal/bolus insulin delivery | 6 | | |
| Your Omnipod® System settings | 7 | TROUBLESHOOTING | 26 |
| | | Hypoglycaemia | 26 |
| OMNIPOD® SYSTEM INSTRUCTIONS | 8 | Hyperglycaemia | 27 |
| Activate a new Pod | 8 | Customising reminders and alerts | 28 |
| Pod placement/prep/tips | 11 | Making the most of your PDM | 30 |
| How to change the Pod | 13 | Travelling with your Omnipod® System | 32 |
| Additional notes | 14 | Example travel letter | 33 |
| Checking blood glucose | 15 | | |
| Delivering a bolus | 18 | OMNIPOD® SUPPORT PROGRAMME | 34 |
| How to suspend insulin delivery | 19 | | |
| Important tips and reminders | 20 | INSULET CUSTOMER CARE TEAM | 35 |



This Resource Guide is intended to be used in conjunction with your Diabetes Management Plan, input from your healthcare professional, and the Omnipod® Insulin Management System User Guide. PDM imagery is for illustrative purposes only and should not be considered suggestions for user settings.

Refer to the Omnipod® Insulin Management System User Guide for complete information on how to use the Omnipod® System, and for all related warnings and cautions. The Omnipod® Insulin Management System User Guide is available online at myomnipod.com or by calling your local 24/7 Insulet Customer Care team.

This Resource Guide is for PDM models ATT400, DET400, DET450, DET456, ENT450, FRT400, FRT456, ITT456 and NLT450. The PDM model number is written on the back cover of each PDM. Contact your healthcare professional or visit myomnipod.com for more information.

THE POD

A small, lightweight and tubeless Pod that's easy to apply and wear.



THE PDM

A wireless* Personal Diabetes Manager (PDM) that's easy to use.



MAIN MENU ITEMS

Bolus: Deliver bolus doses to cover carbohydrates and/or correct high blood glucose (BG) levels.

More actions:

- + Change the Pod
- + Add BG readings
- + Assign/edit BG tags

Temp basal: Adjust insulin delivery during exercising or illness, according to your Diabetes Management Plan. This menu item is present only if the Temp basal option is enabled.

My records: Review insulin delivery, blood glucose history, alarm history, carbohydrate history, and personal user information.

Settings:

- + Enter, edit and name basal programmes
- + Programme temp basal, carbohydrate and bolus presets
- + Customise system settings

Suspend: Temporarily suspend, cancel or resume insulin delivery programmes.

The Pod shown on this page is for illustration purposes only and does not indicate actual size.

Your healthcare professional will assist you with the initial set up of your PDM at your Omnipod® System training session.

*At start up, the PDM and Pod should be adjacent and touching, either in or out of tray to ensure proper communication during priming. At least 1.5 metres during normal operation.

PDM screens may vary based on user settings and country.

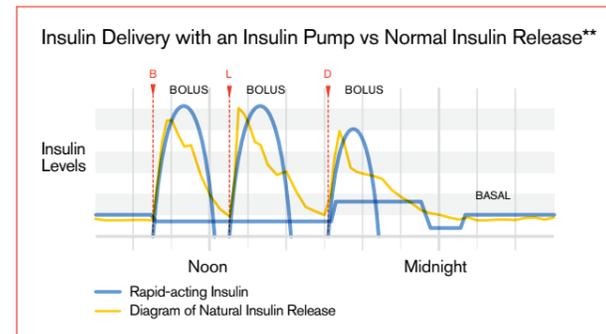
FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

BASAL INSULIN DELIVERY

What is a basal rate?

Your body needs a small amount of insulin that's constantly delivered throughout the day, which is called basal insulin. The exact amount of insulin your body needs changes often depending on the following:

- + The things you're doing throughout the day
- + The amount of stress you have
- + Your meal timings
- + Whether you're ill



The Omnipod® System lets you personalise your basal rates.

When you first set up your Omnipod® System, your healthcare professional will assist you in programming your PDM to deliver your required basal rates. If you need to adjust your settings, you have up to 24 time intervals per basal programme. You can have up to 7 basal programmes*.

DELIVERING BOLUS INSULIN DOSES

What is a bolus dose?

A bolus is an extra dose of insulin, delivered when needed to match the carbohydrates in a meal or snack and/or to lower your blood glucose when it gets too high. There are two types of bolus doses:

- + **Meal bolus**
With the Omnipod® System, you can deliver either a **normal** or an **extended** meal bolus.
 - A **normal meal** bolus usually delivers enough insulin for a meal or snack you are about to eat.
 - An **extended meal** bolus delivers insulin over a longer period of time. When you eat foods high in fat and/or protein or are eating them over a long period of time, such as at a party, you might need an extended meal bolus.

- + **Correction bolus**
A **correction bolus** can be delivered with or without a meal bolus if you need to lower your blood glucose level.

The Omnipod® System will help to deliver your bolus doses.

Your healthcare professional will assist you in programming your PDM to deliver predetermined bolus doses when you first set up your Omnipod® System. As your insulin needs change, you can later adjust these settings.

Calculate bolus insulin doses.

The Omnipod® System also features a **Suggested Bolus Calculator**. It helps you deliver an accurate bolus dose. The calculator uses your current blood glucose, carbs entered and your insulin on board (IOB) to determine a suggested bolus dose.

YOUR PERSONAL OMNIPOD® SYSTEM SETTINGS

It is always a good idea to keep a copy of your Omnipod® System settings handy in the event you have to set up another PDM.

Your healthcare professional will provide you with the initial rates and help programme your PDM on your Omnipod® System training session. They will also advise you on any future changes to be made to the settings.

CAUTION: Do not attempt to start or make any changes to your PDM settings without formal instructions from your healthcare professional.

Date _____

| | | | |
|------------------------------------|---|-----------------------------|---|
| 1. Maximum basal rate | _____ U/h | | |
| 2. Basal 1 | 12:00 to _____ | _____ U/hr | |
| | _____ to _____ | _____ U/hr | |
| | _____ to _____ | _____ U/hr | |
| | _____ to _____ | _____ U/hr | |
| 3. Temporary basal rate | % | U/h | Off |
| 4. BG sounds | On | Off | |
| 5. BG goal limits | Lower Limit _____ mg/dL or _____ mmol/L | | |
| | Upper Limit _____ mg/dL or _____ mmol/L | | |
| 6. Suggested bolus calculator | On | Off | |
| 7. Target BG | 12:00 to _____ | Target _____ | Correct above _____ mg/dL or _____ mmol/L |
| | _____ to _____ | Target _____ | Correct above _____ mg/dL or _____ mmol/L |
| | _____ to _____ | Target _____ | Correct above _____ mg/dL or _____ mmol/L |
| 8. Min BG – for bolus calculations | | _____ mg/dL or _____ mmol/L | |
| 9. Insulin to carb ratio | 12:00 to _____ | _____ mg/dL or _____ mmol/L | |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| 10. Correction factor | 12:00 to _____ | _____ mg/dL or _____ mmol/L | 1 unit of insulin decreases BG by |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| | _____ to _____ | _____ mg/dL or _____ mmol/L | |
| 11. Reverse correction | On | Off | |
| 12. Duration of insulin action | _____ hours | | |
| 13. Bolus increment | 0.05 U | 0.10 U | 0.50 U 1.00 U |
| 14. Maximum bolus | _____ U | | |
| 15. Extended bolus | % | Units | Off |
| 16. Low volume reservoir alert | _____ U | | |
| 17. Expiration alert | _____ hours | | |

*Be sure to check with your healthcare professional before adjusting these settings.

**Smart Pumping For People with Diabetes, A Practical Approach to Mastering the Insulin Pump, Howard Wolpert, MD, Editor. American Diabetes Association.

For more information about the Suggested Bolus Calculator, see Chapter 5, Delivering a Bolus of Insulin, in your Omnipod® Insulin Management System User Guide.

ACTIVATE A NEW POD

- + Assemble the following supplies:
 - Vial of insulin at room temperature (U-100, rapid-acting). See the Omnipod® Insulin Management System User Guide for the insulins that are recommended for use with the Omnipod® System
 - One sealed Pod
 - PDM
 - Alcohol prep swab
- + Wash your hands.



1. Fill the Pod



- 1.1** + Remove the Pod from its sterile packaging.
- + Use the alcohol prep swab to clean the top of the insulin vial.
 - + Assemble the fill syringe by twisting the needle onto the syringe.



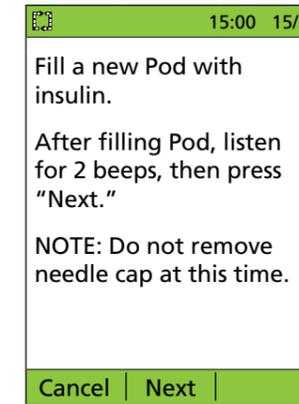
- 1.2** + Remove the protective cap.



- 1.3** + Draw air into the fill syringe equal to the amount of insulin indicated in your Diabetes Management Plan.
- + Depress air into the vial of insulin.
 - + Turn the vial and syringe upside down.
 - + Withdraw insulin from the vial and fill the syringe with the amount of insulin determined by your healthcare professional; fill it at least to the MIN line.
 - + Remove any air bubbles from the syringe.



- 1.4** + Insert the needle straight down into the fill port on the underside of the Pod. To ensure a proper fill, do not insert fill syringe at an angle into the fill port.
- + Completely empty the syringe into the Pod.
 - + The Pod will beep twice, indicating that the Omnipod® System is ready to start.



Fill a new Pod with insulin.

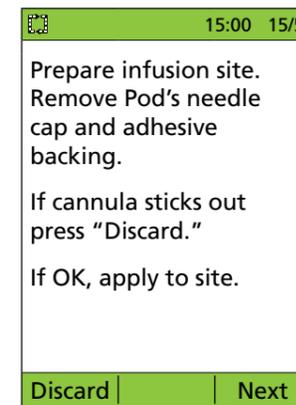
After filling Pod, listen for 2 beeps, then press "Next."

NOTE: Do not remove needle cap at this time.

Cancel | Next

- 1.5** + Return to the PDM. If the PDM screen time is up, press and hold the **Home/Power** button to turn it back on. Place the PDM next to the Pod so they are in contact.
- + Press **Next**.
 - + The PDM establishes a one-to-one relationship with the Pod, which will prevent it from communicating with any other Pod while it is active. Once the Pod successfully completes its priming and safety checks, the PDM will beep.

2. Apply the Pod



Prepare infusion site. Remove Pod's needle cap and adhesive backing.

If cannula sticks out press "Discard."

If OK, apply to site.

Discard | Next

- 2.1** + Select the infusion site, while being careful to avoid the areas where the Pod will be affected by the folds of the skin. Refer to the figures on page 14 of this resource guide for the sites your healthcare professional may recommend and placement tips.



- 2.2** + For optimal adhesion, always clean the site thoroughly with an alcohol swab to remove all body oils and lotions, which may make the Pod's adhesive ineffective. Let the site air-dry completely; do not blow on the site to dry it.



- 2.3** + Remove the Pod's needle cap.

If the PDM screen times out during the process, press and hold the **Home/Power** button to continue.

WARNING:

- + NEVER inject air into the fill port. Doing so may result in unintended or interrupted insulin delivery
- + NEVER use a Pod if you hear a crackling noise or feel resistance when you depress the plunger. These conditions can result in interrupted insulin delivery

CAUTION:

Do not use any other type of needle or filling device besides the fill syringe provided with each Pod.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

PDM screens may vary based on user settings and country.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.



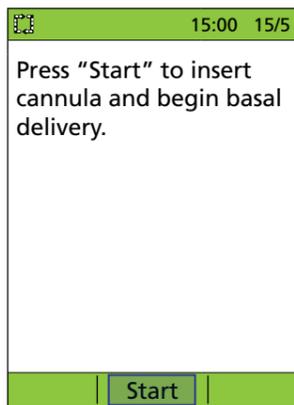
2.4 + Remove and discard the white paper backing from the adhesive.



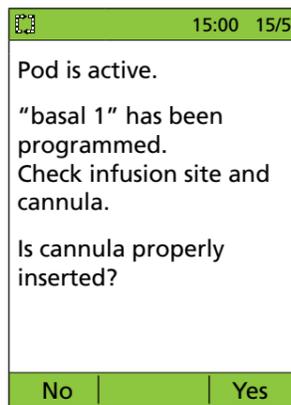
2.5 + Apply the Pod to the selected site.

- + Secure the adhesive using your fingers.
- + Press **Next** on the PDM.
- + To facilitate insertion, place one hand over the Pod and make a wide pinch around the skin surrounding the viewing window; this step is critical if the insertion site does not have much fatty tissue.

3. Press Start



3.1 + The Pod automatically inserts the cannula and delivers a prime bolus to fill the cannula with insulin. It takes a few seconds to complete this process. Release the skin after the cannula inserts.



3.2 + Once complete, the PDM indicates that the Pod is active and asks you to check the infusion site.

- + Look through the Pod's viewing window, if properly inserted, press Yes. Press No if you see a problem with the cannula.

+ If the PDM screen times out during the process, press and hold the **Home/Power** button to continue.

- WARNING:**
- + The PDM will generate an automatic reminder to check your blood glucose 1.5 hours after each Pod change. If the cannula is not properly inserted, hyperglycaemia may result. Verify there is no wetness or odour of insulin, which may indicate the cannula has dislodged.
 - + **NEVER** inject insulin (or anything else) into the fill port while the Pod is on your body. Doing so may result in unintended or interrupted insulin delivery.
 - + Verify cannula does not extend beyond adhesive backing once needle cap is removed.

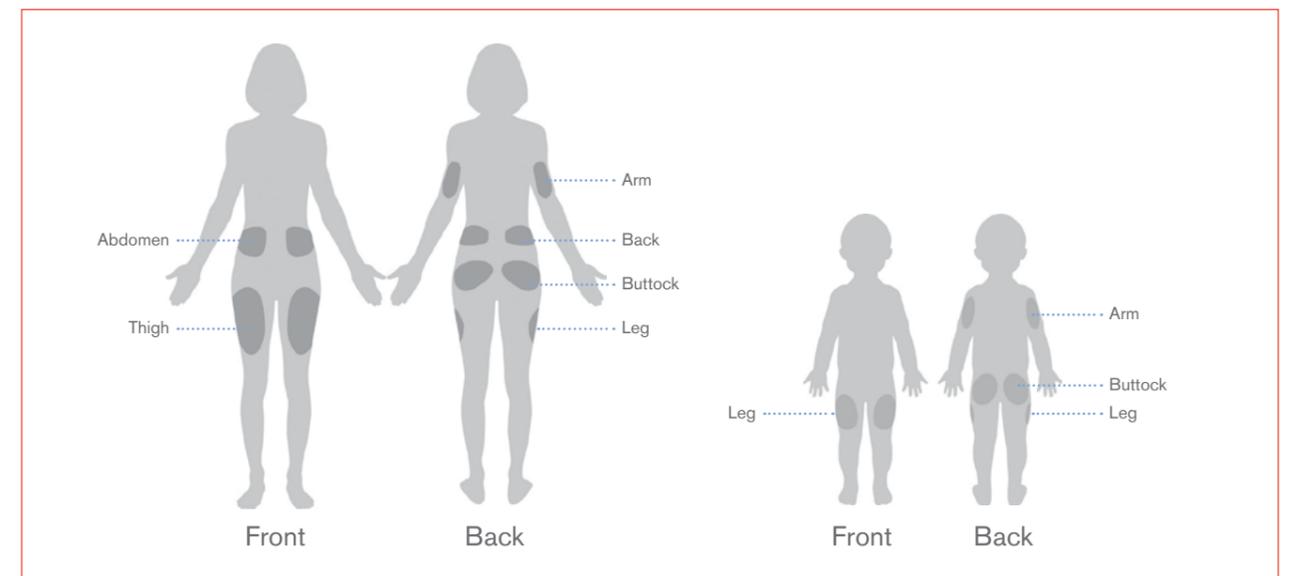
PDM screens may vary based on user settings and country.

MAKING OMNIPOD® SYSTEM A PERFECT FIT IN YOUR WORLD

It's easy to find a place for your Pod, as it is tubeless and lightweight, so you can wear it with freedom.

Where to wear your Pod.

It's important to circulate the area where you place your Pod to avoid site overuse, which could result in variable absorption. The new area should be at least 2.5 cm away from the previous one, 5.1 cm away from the navel and not over a mole, scar or tattoo, where insulin absorption may be reduced. Be sure to put your Pod somewhere you'll be comfortable – avoid sites where belts, waistbands or tight clothing may rub against, disturb or dislodge the Pod.



How to place your Pod.

Arm and leg

Position the Pod vertically or at a slight angle.

Back, abdomen or buttocks

Position the Pod horizontally or at a slight angle.

Pinching up



This step is important if your Pod location is very lean or doesn't have much fatty tissue. Place your hand over the Pod and make a wide pinch around your skin surrounding the viewing window. Then press the **start** button on the PDM. You can let go when the cannula inserts.

- WARNING:**
- Occlusions may result in lean areas if you do not use this technique.

FEEL COMFORTABLE AND CONFIDENT

Prepping for your Pod.

Remember to stay cool and be cool (dry and not sweating) when it's time to change your Pod. Here are more potential sticking points:

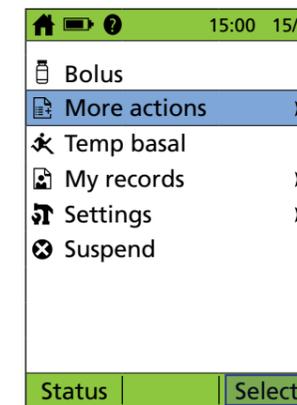
| Trouble with... | Problem | Solutions |
|-----------------|---|---|
| Oily skin | Residue from soap, lotion, shampoo or conditioner can prevent your Pod from staying secure. | Clean the area thoroughly with alcohol before applying your Pod – and be sure to let your skin air-dry. |
| Damp skin | Dampness gets in the way of adhesive. | Towel off and allow your skin to air-dry; do not blow on it. |
| Body hair | A lot of hair will prevent the Pod from sticking securely. | Clip or shave the area with a razor to create a smooth surface for your Pod to stick to. Do this 24 hours before putting on your Pod to prevent irritation. |



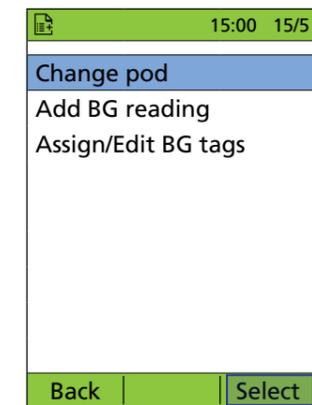
HOW TO CHANGE THE POD

You may need to change the Pod:

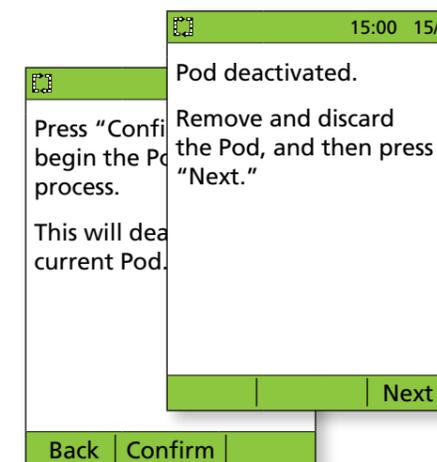
- + When the reservoir is low or empty, or the Pod is nearing expiration
- + In response to an alarm
- + In case of a dislodged Pod/cannula
- + If you have a blood glucose reading of 250 mg/dL / 13.9 mmol/L or more and ketones are present
- + If you experience unexpected, elevated blood glucose levels
- + As directed by your healthcare professional
- + If a Pod is active and fails to beep



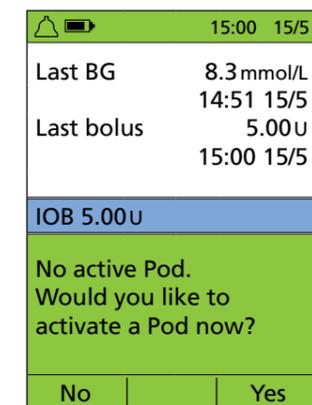
1. Turn on the PDM. Press the **Home/Power** button and then select **More actions**.



2. Select **Change Pod**.



3. Press **Confirm** to deactivate the Pod. Gently remove the deactivated Pod by slowly peeling back the adhesive. (Our Poddess™ have reported commercial solvent or baby oil can be helpful to soften the adhesive if necessary.)



4. Press **Yes** to activate a new Pod. Follow the steps on pages 11 and 12 in this guide to fill a new Pod with insulin. As you proceed, if the PDM screen times out, press and hold the **Home/Power** button to turn it back on.

If the PDM screen times out during the process, press and hold the **Home/Power** button to continue.

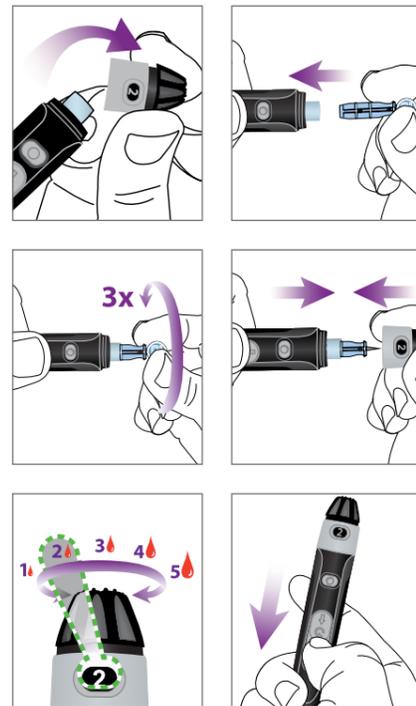
PDM screens may vary based on user settings and country.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

Prepare your lancing device in 3 easy steps.

1. **Snap off the cap of the lancing device at an angle**, and insert a new lancet firmly into the white holder cup. This action may cock the device, which is fine.
2. **With one hand, hold the lancet in place** while twisting the rounded top with your other hand. Then, replace the cap until it snaps back into place. Make sure you do not touch the exposed needle.
3. **Adjust the depth setting**; the lancing device offers 9 different settings (including half settings). Level 1 is the shallowest depth and Level 5 is the deepest. Use a lower number to lance. Pull back the the grey slider until it clicks. (You may have already cocked the device in step 1)



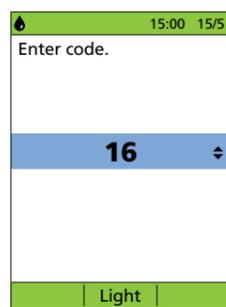
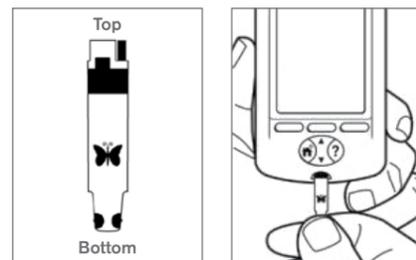
You're now ready to test!

Lancing device depicted is representative only. Please follow the instructions included with your specific lancing device.

Testing your blood glucose level.

1. Insert your FreeStyle test strip and set the code*

- Insert a new test strip into the test strip port at the bottom of the PDM until it stops. Make sure you insert only the top end of the strip.
 - + To help you see the test strip port in reduced lighting, press the middle soft key labelled **Light**. To turn the light off, press **Light** again.
- The PDM will display a code number once you insert the strip. This code must match the code on the side of the test strip vial to ensure test accuracy. To change this code, just press the **Up/Down controller** to change the numbers until they match.



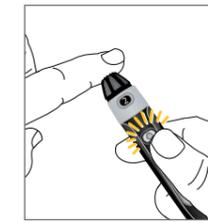
WARNING:
The code number on the screen must match the code number on the side of your test strip vial. They must always match or your results will be inaccurate.

2. Get your sample and fill the test strip

Tip: Before you lance, you'll want to stimulate the blood flow by lowering your hand to waist level and gently massaging your finger.

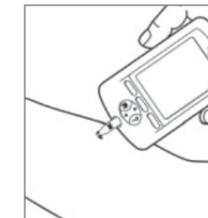
3. Lance the site

- Hold the lancing device firmly against the side of your fingertip.
- Press the lancing button.
- Squeeze your finger, if needed, until blood is visible.



4. Return to your PDM; be sure your screen reads 'Apply a blood sample to the strip'.

Bring the strip to the blood at a slight angle.



What if my levels are too low or high?

'LOW' or 'HIGH' blood glucose readings can indicate a potentially serious condition requiring immediate medical attention. If you get either a 'LOW treat your low BG' reading or a 'HIGH check for ketones' reading, first check and see if you feel any hypoglycaemic or hyperglycaemic symptoms. If you do not, retest and perform a control solution test to ensure the Omnipod® System is working properly. If not, or if you feel any symptoms related to hypoglycaemia or hyperglycaemia, follow your healthcare professional's recommendations.

Test Strip Do's and Don'ts

DO:

- + Only use FreeStyle test strips and FreeStyle Control Solution with the PDM (other brands may produce inaccurate results)
- + Match the code on the PDM to the side of the vial
- + Use a slight angle to bring the test strip to the blood
- + Use only one edge of the strip per test
- + Add more blood to the strip if the PDM doesn't display 'Checking'
- + Only use each strip once
- + Throw away the used lancet in a puncture-resistant container and wash hands thoroughly

DON'T:

- + Test your blood glucose while your PDM is connected via USB to a computer. This could result in a shock.
- + Press the strip against the test site
- + Scrape the blood onto the strip
- + Apply blood to the flat side of the strip
- + Apply blood to the strip when it is out of the meter
- + Put blood or other foreign objects into the test strip port
- + Pull strip away before you hear 1 beep or see 'Checking' on the screen
- + Use strips beyond the expiration date printed on the package, as this may give inaccurate result

*From some PDM screens, you cannot access the FreeStyle blood glucose meter. For example, you cannot use the meter while you are activating a Pod or when an alert, alarm or communication error screen is displayed. In these cases, if you insert a test strip, the PDM beeps to alert you. If you do not start the test within 2 minutes, the PDM powers off. To restart the PDM, take out the unused strip and reinsert it, or simply press and hold the **Power** button to turn on the PDM. If you need to adjust the code number after the PDM has moved to the next screen, just press **Up/Down Controller** buttons. The code screen reappears and you can adjust the number. The code number remains on the PDM screen for your reference until you have completed the BG test.

PDM screens may vary based on user settings and country.

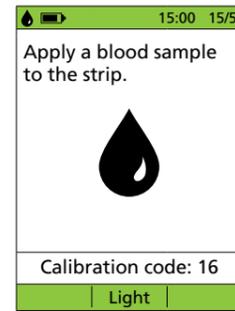
FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

WARNING: Measurements obtained from alternate site testing should not be used to calculate insulin doses with the Omnipod® Insulin Management System.

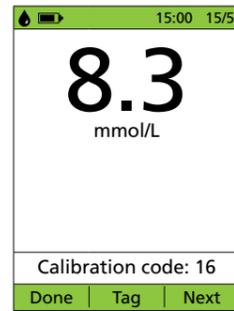
For more information about blood glucose testing, control solution testing and manual blood glucose test entry, see Chapter 4, Checking Your Blood Glucose, in your Omnipod® Insulin Management System User Guide.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

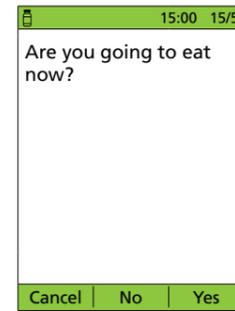
DELIVERING A BOLUS



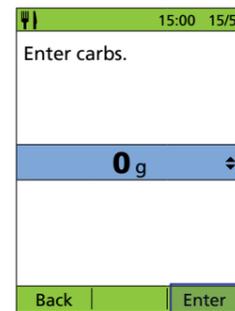
1. Wash the finger with soap and water or an alcohol wipe and dry it completely. Prick the finger with the lancing device. Press **Light** to illuminate the test strip in low-light situations. Apply the blood sample to the test strip.



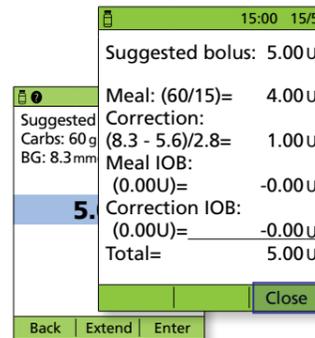
2. When the blood glucose reading appears, press **Next** to continue.



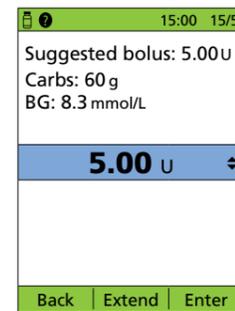
3. If you are going to eat now, press **Yes**.
OR
If you are not going to eat now, press **No**.



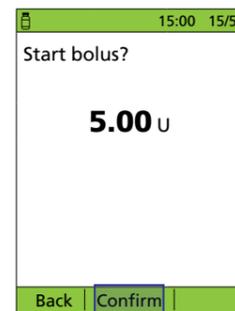
4. If you are eating, press the **Up/Down controller** button to enter the correct number of carbs and then, press **Enter**.



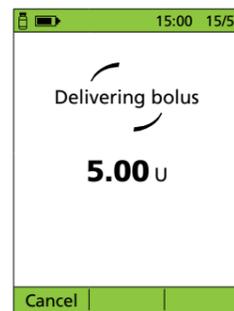
5. Press the **User info/support** button to view how the suggested bolus is calculated. Then, press **Close**.



6. Press **Enter** to accept the suggested bolus.
OR
Press **Extend** and follow the on-screen instructions to deliver a portion/percentage of the bolus immediately and the rest over a set period of time. *Only use the **Extend** option when directed by your healthcare provider.* If extended boluses are not part of your Diabetes Management Plan, the **Extend** option will not appear on the screen.



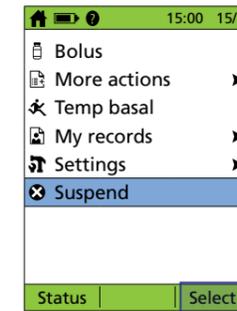
7. Press **Confirm** to start the bolus.



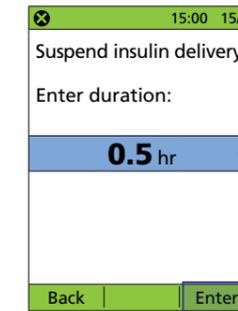
8. The PDM screen will indicate when the bolus delivery has begun. If necessary, you may press **Cancel** to stop a bolus while it is being delivered. You do not need to remain near the PDM during delivery. The delivery time varies based on the size of the bolus dose. Once the bolus delivery begins, you may press and hold the **Home/Power** button to turn off the PDM screen.

HOW TO SUSPEND INSULIN DELIVERY

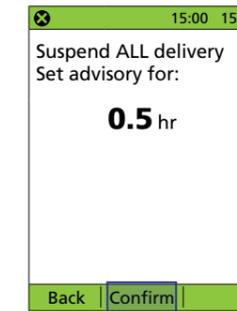
Sometimes, you may need to briefly stop the insulin delivery (for example, when editing an active basal programme or changing the time or date).



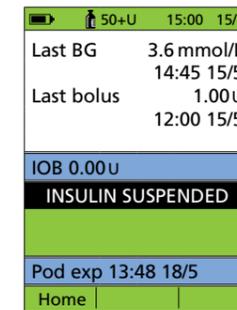
1. Turn on the PDM. Press the **Home/Power** button and then, select **Suspend**.



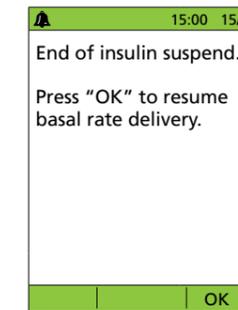
2. Enter the length of time the suspension should last (*minimum 0.5 hour, maximum 2.0 hours*) and then, press **Enter**.



3. Press **Confirm**.



4. The Status screen will indicate that the insulin delivery has been suspended.



5. The Pod will beep every 15 minutes until the end of the suspension period. At the end of the suspension period, a Pod advisory alarm will ring. At this time, turn the PDM on and press **OK** to resume the active basal programme.

WARNING: Insulin delivery will not resume until you press OK. If you do not press OK to resume insulin delivery, you could develop hyperglycaemia (high blood glucose).

Important PDM tips and reminders.

These tips are intended for use only with PDM models ATT400, DET400, DET450, DET456, ENT450, FRT400, FRT456, ITT456 and NLT450. The PDM model number is found on the back of the PDM next to the REF symbol.

How to view insulin records.



1. On the home screen, select **My records**.
2. Select **Insulin delivery**.
3. The PDM provides a summary of today's information including total boluses, total basal and total daily doses. Use the **Up/Down controller** buttons to view the summary for previous.

Important reminder

During the activation and priming of the Pod, the PDM and the Pod should be adjacent and in contact. Please refer to the Omnipod® Insulin Management System User Guide for a full set of instructions.

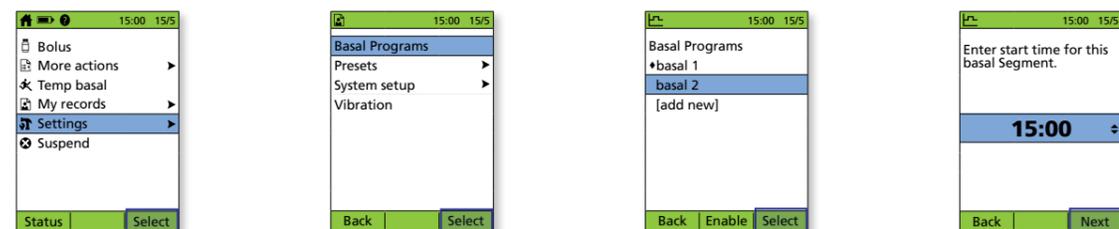
How to view multiple-day BG trends.



1. On the home screen, select **My records**.
2. Select **BG history**.
3. Press **Trends** to show the BG data for the past 7 days.
4. Continue pressing the **middle soft key** to show the trends for previous 14, 30, 60 and 90 days.

How to change existing basal rate.

NOTE: Insulin delivery must be suspended before changing basal rates.

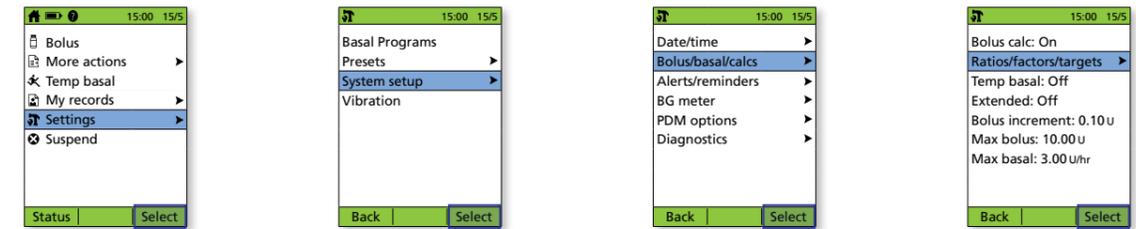


1. On the home screen, select **Settings**.
2. Select **Basal Programs**.
3. Select the **basal programme** to be edited. **On next screen**, select the segment to be edited and then, press **Edit**.
4. Enter the **start time** and then, press **Next** and repeat for **end time**.

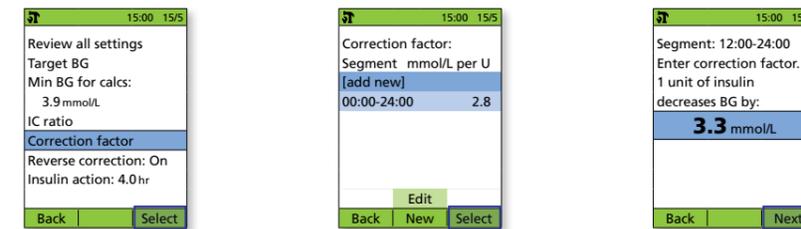


5. Enter the **basal rate** for the edited segment and then, press **Enter**.
6. Press **Save**.
7. Press **Save**. For additional edits, repeat steps 3-8.

How to change correction factors.

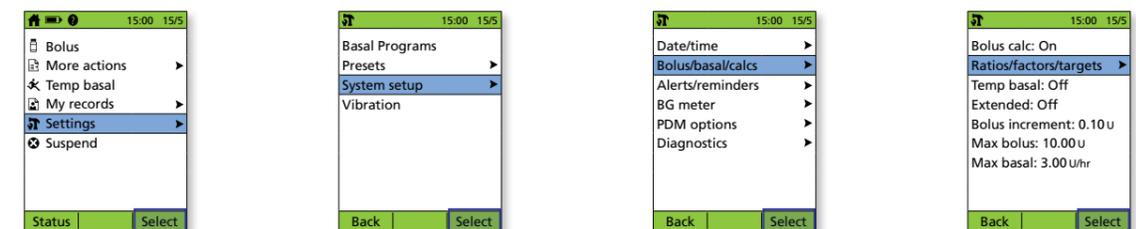


1. On the home screen, select **Settings**.
2. Select **System setup**.
3. Select **Bolus/basal/calcs**.
4. Select **Ratios/factors/targets**. *NOTE: Bolus calcs must be 'on'.*



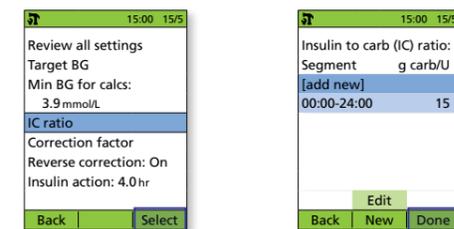
5. Select **Correction factor**.
6. Select **add new** or choose **Segment** and hit **Edit**.
On the next screen, enter the **start time** and then, press **Next** and repeat for **end time**.
7. Enter the **correction factor** and then, press **Next**.
8. Repeat steps 6-7 to add or edit segments (up to 8 total segments). Press **Done** and then, **Save** when you are finished modifying the time segments.

How to change IC ratio or insulin action (duration).



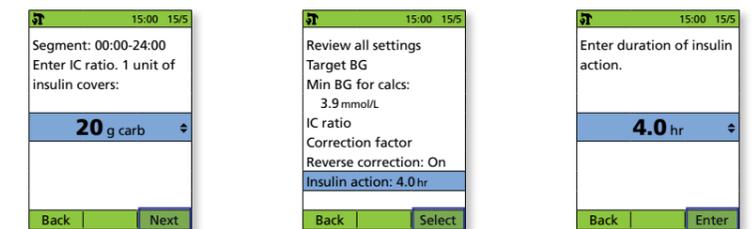
1. On the home screen, select **Settings**.
2. Select **System setup**.
3. Select **Bolus/basal/calcs**.
4. Select **Ratios/factors/targets**. *NOTE: Bolus calcs must be 'on'.*

To change IC ratio.



- A. Select **IC ratio**.
- B. Select **add new** or choose **Segment** and hit **Edit**.
On the next screen, enter the **start time** and then, press **Next** and repeat for **end time**.

To change insulin action.



- A. Select **Insulin action**.
- B. Use the **Up/Down controller** buttons to change the **duration of insulin action** and then, press **Enter**.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

OMNIPOD® SYSTEM ADVANCED FEATURES

How to use the extended bolus feature.

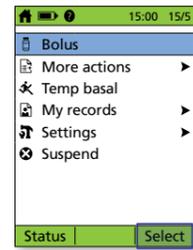
When to use:

This feature is most commonly used for high-fat and/or high-protein meals such as pizza, burgers or fried foods when the digestion of carbohydrates could be delayed.

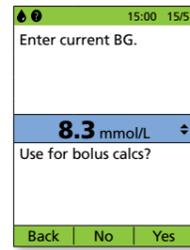
Important reminders:

Extended bolus and **Temporary basal** must be selected in % or U/h in *System Setup > Bolus/basal/calcs*. Each example is shown with the PDM set to %.

Once you have set an **Extended bolus** or **Temp basal**, you can cancel it from the *Home Screen > Suspend/Cancel*.



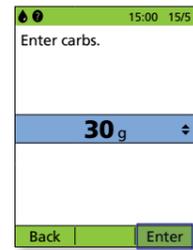
1. From the home screen, select **Bolus**.



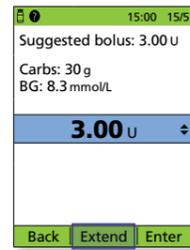
2. Check or manually enter your current blood glucose and then, press **Yes**.



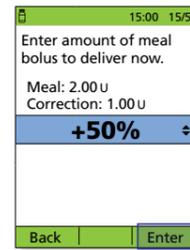
3. Press **Yes**. (Only meal boluses can be extended.)



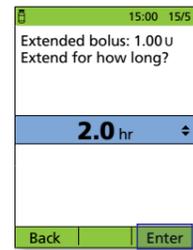
4. Enter the grams of carbs you are about to eat and then, press **Enter**.



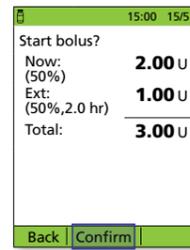
5. A suggested bolus will appear on the screen. Press **Extend**.



6. Enter the amount of meal bolus to deliver now and then, press **Enter**.



7. Enter the duration of time to extend your bolus and then, press **Enter**.



8. A final confirmation will show the entire breakdown of the extended bolus. Press **Confirm**.

Correction boluses will always be delivered 'Now' and cannot be extended with the meal bolus.

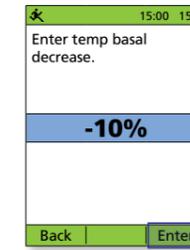
How to set a temporary basal rate.

When to use:

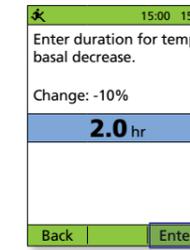
A temporary basal rate lets you adjust your background insulin for a predetermined period of time. This feature is best used to account for a temporary change in a daily routine, such as physical activity or times of illness. Temporary basal rates can be set for durations of 30 minutes to 12 hours; once the time limit is reached, the Pod returns to the active basal programme.



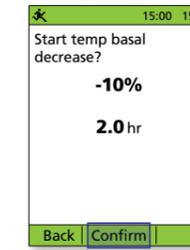
1. From the home screen, select **Temp basal**.



2. Enter the % or U/h change for the temp basal and then, press **Enter**.



3. Enter the duration for the temporary basal in increments of 30 minutes and then, press **Enter**.

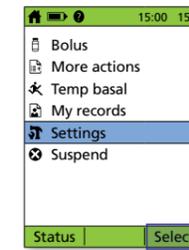


4. A summary of your temporary basal details will appear on the screen for review. Press **Confirm**.

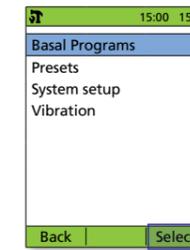
How to create additional basal programmes.

When to use:

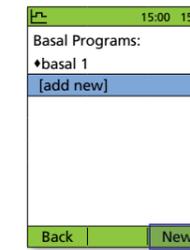
Please consult with your healthcare professional prior to creating additional basal programmes. Different basal programmes are commonly used for entire days of your common routine (e.g., weekends vs. work days).



1. From the home screen, select **Settings**.



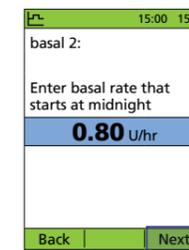
2. Select **Basal Programmes**.



3. Select **[add new]** and then, press **New**.



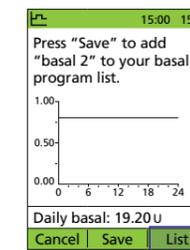
4. You may rename your selection or keep the default name (for example, 'basal 2'). Press **Next**.



5. Enter the first new basal rate provided by your healthcare professional and then, press **Next**.



6. Press **New** if you have more basal segments; otherwise press **Done**.



7. Press **Save**.

Important reminders:

To enable your new basal programme, you must first suspend your insulin pump. Then go to *Settings > Basal programmes*. Select the new programme that you just created, press **Enable** to view and confirm the new programme and then, press **Enable** to send the programme to the Pod.

WARNING: When using the extended bolus function the user should check their blood glucose levels more frequently to avoid hypoglycaemia or hyperglycaemia.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

OMNIPOD® SYSTEM ADVANCED FEATURES

How to use the temp basal presets.

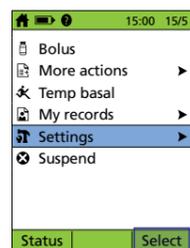
When to use:

It is best used for 'temporary' routine activities, such as an exercise class that occurs twice a week. The PDM can store up to 7 temporary basal presets. You will be able to access your temp basal presets when you select **Temp basal** from your home screen.

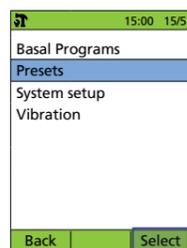
Important reminders:

Presets are a quick way to get many of your Pod actions complete. If you find yourself eating the same foods or setting the same temp basal rates, presets can be a real time saver.

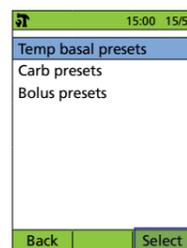
On any preset, you will have the option to rename your entry for even more personalisation.



1. From the home screen, select **Settings**.



2. Select **Temp basal presets**.



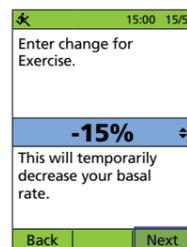
3. Select **Temp basal presets**.



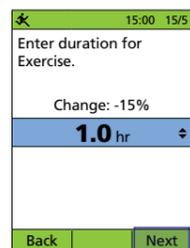
4. Select **[add new]** and then, press **New**.



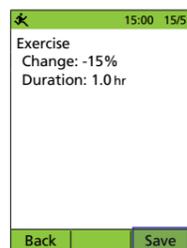
5. Keep the default name or rename, for example, Exercise. Press **Save**.



6. If temp basals are configured as percentages (%), select **Increase** or **Decrease** to specify whether this preset will deliver more or less insulin than the active basal programme. Use the **Up/Down** button to set the desired % or U/h change for the temporary basal present. Press **Next**.



7. Enter the duration for the temp basal preset and then, press **Next**.

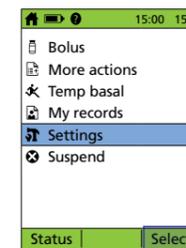


8. A summary of the temp basal preset you just created will appear on the screen. Press **Save**.

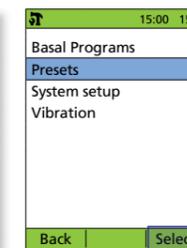
How to use the carbohydrate presets.

When to use:

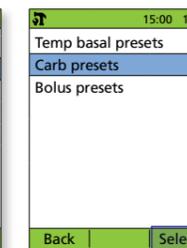
It is best used for easy access to favourite food items, snacks or meals that you eat frequently. You will be able to access your carb preset during the bolus calculator process.



1. From the home screen, select **Settings**.



2. Select **Presets**.



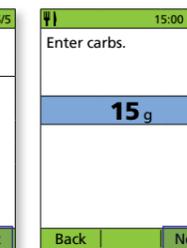
3. Select **Carb presets**.



4. Select **Favourites, Snacks or Meals**.



5. Keep the default name or rename. Press **Next**.

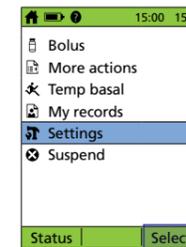


6. Enter the amount of carbs in grams, additional nutrition info is optional and then, press **Next**.

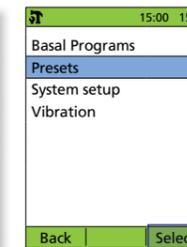
How to use the bolus presets.

When to use:

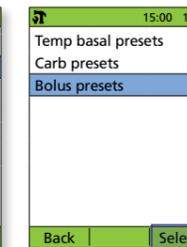
Bolus presets can only be used if your bolus calculator is **OFF**. This feature is best for those utilising set bolus amounts at their meals. You will be able to access your bolus preset when you select **Bolus** from the home screen.



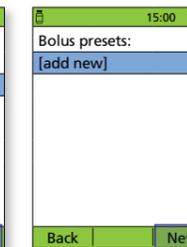
1. From the home screen, select **Settings**.



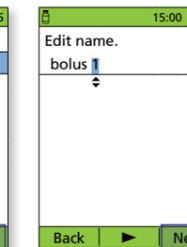
2. Select **Presets**.



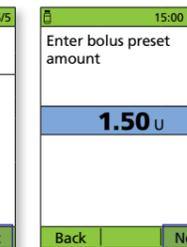
3. Select **Bolus presets**.



4. Select **[add new]** and then, press **New**.



5. Keep the default name or rename. Press **Next**.



6. Enter the bolus preset amount and then, press **Next**.



7. A summary of the bolus preset you just created will appear on the screen. Press **Save**.



TROUBLESHOOTING

Hypoglycaemia.

Blood glucose (BG) reading of less than 70 mg/dL / 3.9 mmol/L or \leq 80 mg/dL / 4.5 mmol/L with symptoms.

Always follow your healthcare professional's recommendations on how to manage hypoglycaemia, including how to best manage your sick days and emergency situations.

Never leave a person who is hypoglycaemic unattended!

Tips for troubleshooting.

Check PDM settings.

- + Is the correct basal programme active?
- + Is the PDM time set correctly?
- + Is the temp basal (if active) correct?
- + Are target blood glucose levels correct?
- + Is the insulin sensitivity factor (or correction factor) correct?
- + Is the insulin-to-carb ratio correct?

| | | |
|------------|-------------|--------------|
| 50+U | 15:00 | 15/5 |
| Last BG | 10.9 mmol/L | 15:00 15/5 |
| Last bolus | 2.90 u | 15:00 15/5 |
| IOB | 2.90 u | |
| Temp basal | 0.25 U/hr | 0:30 remains |
| Pod exp | 13:47 | 18/5 |
| Home | | |

Consult your healthcare professional for guidance regarding adjusting settings on your PDM.

Review recent activity.

Physical activity

- + Has your exercise been unusually long or strenuous?
- + Have you been unusually physically active? (e.g., extra walking, housework, heavy or repetitive tasks, lifting or carrying?)
- + Did you use a decreased temp basal during this activity?
- + Did you consume carbs before, during and/or after activity?

Meals/snacks

- + Did you count the carbs correctly – including subtracting significant fibre?
- + Did you bolus with food?
- + Did you consume alcohol?

Consult your Omnipod® System User Guide for additional information.

Hyperglycaemia.

Blood glucose (BG) reading of 250mg/dL / 13.9 mmol/L or more.

Always follow your healthcare professional's recommendations on how to manage hyperglycaemia, including how to best manage your sick days and emergency situations.

Tips for troubleshooting.

Check PDM settings.

Check status screen

- + **Last bolus:** was the bolus too small?
 - Was the bolus timing correct?
 - Did you account for high-protein or high-fat meal?
- + **Basal programme:** Is the proper basal programme running?
- + **Temp basal:** Do you have a temp basal running that you should have turned off?

| | | |
|------------|-------------|--------------|
| 50+U | 15:00 | 15/5 |
| Last BG | 10.9 mmol/L | 15:00 15/5 |
| Last bolus | 2.90 u | 15:00 15/5 |
| IOB | 2.90 u | |
| Temp basal | 0.25 U/hr | 0:30 remains |
| Pod exp | 13:47 | 18/5 |
| Home | | |

Check my records

- + **Alarm history:** Did you ignore or not hear alarms that should have been addressed?

Check Pod.

Check your cannula through the viewing window.

- + Did the cannula slip out from under your skin?
- + Is there blood in the cannula?
- + Is there redness, drainage or other signs of infection around the cannula?

If yes, change your Pod. If you suspect an infection, call your healthcare professional.

Check your infusion site

- + Is there redness or swelling around the Pod and adhesive?
- + Is insulin leaking from your infusion site or is there any odour of insulin?

If yes, change your Pod. If you suspect an infection, call your healthcare professional.

Check your adhesive dressing

- + Is the adhesive dressing coming loose from your skin?
- + Is the Pod becoming detached from the adhesive dressing?

If yes, and if cannula is still inserted properly, you may tape down the Pod or adhesive to prevent further detachment.

If cannula is no longer under your skin, change your Pod.

Check your insulin

- + Has the insulin being used expired?
- + Has the insulin used been exposed to extreme temperatures?

If yes, change Pod using a new vial of insulin.

IMPORTANT NOTES:

Make sure your blood glucose is at least 100mg/dL / 5.5 mmol/L before driving or working with dangerous machinery or equipment. Even if you cannot check BG, do not wait to treat symptoms of hypoglycaemia. Avoid hypoglycaemia unawareness by checking your BG more frequently.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.



WARNING:

Hyperglycaemia symptoms can be confusing. Always check your BG before treating your hyperglycaemia. Consult with your healthcare professional.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

CUSTOMISING REMINDERS AND ALERTS

Get to know your Omnipod® System reminders.

A **reminder** is a notification you can turn on or off at any time and customise to fit your needs. Your Omnipod® System has a number of different reminders:

- + **Blood glucose (BG) reminders**
Programme your Personal Diabetes Manager (PDM) to remind you to check your blood sugar levels every time you deliver a bolus dose.
- + **Bolus reminders**
Your PDM can remind you if you haven't delivered a meal bolus within a specific time frame.
- + **Programme reminders**
Your Pod will automatically beep to let you know that a temporary basal and/or extended bolus programme is in process.
- + **Confidence reminders**
Your PDM is preset to beep and therefore, you can know when certain programmes have started and finished, including:
 - Bolus delivery
 - Extended bolus
 - Temporary basal
- + **Custom reminders**
Enter text reminders into your PDM to be delivered when you want them.



Get to know your Omnipod® System alerts.

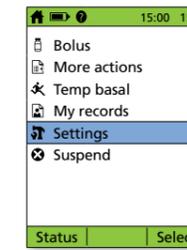
An **alert** is a notification you can adjust based on your needs. There are 4 different kinds of alerts on your Omnipod® System:

- + **Pod expiration alerts**
When your Pod is about to expire (nearing the 72 hour expiration time), you'll hear 2 sets of beeps every minute for 3 minutes. This pattern will repeat every 15 minutes until you press OK on your PDM.
- + **Low reservoir alerts**
So you can plan ahead to change your Pod and make sure you have enough insulin; your Pod will alert you when your insulin reaches a certain level.
- + **Auto-off alerts**
Programme your PDM to alert you if it hasn't received a Pod status within 1 to 24 hours.
- + **Blood glucose meter alerts**
If there is an error with your blood glucose meter, test strip, sample or results, your PDM will beep and display an error message number. To learn more about addressing specific error messages, Alerts and Alarms, refer to your Omnipod® System User Guide.

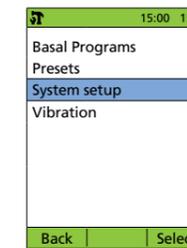
Programming reminders and alerts.

To programme all reminders and alerts except bolus reminders and custom reminders, follow these simple steps. For more information about programming Bolus reminders and Custom reminders, see Chapter 6 – using the Personal Diabetes Manager in your Omnipod® Insulin Management System User Guide.

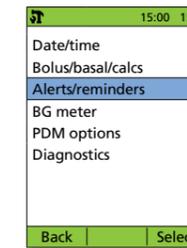
1. On the home screen, choose **Settings**. Then, press **Select**.



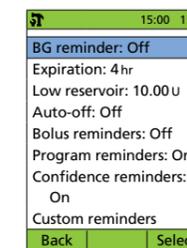
2. Choose **System setup** and then, press **Select**.



3. Choose **Alerts/reminders** and then, press **Select**.



4. Choose the option you want to set and then, press **Select**.



5. Choose the desired option or set the desired value and then, press **Select** or **Enter**.

Understanding alarms.

Get to know your Omnipod® System alarms

An alarm is a notification to make you aware of serious, or possibly serious, conditions.

When an alarm goes off, your PDM will display a message with instructions on what to do. If you ignore an alarm, your Pod could be deactivated—so be sure to respond to alarms promptly.

There are 2 types of alarms: **advisory** alarms and **hazard** alarms.

Advisory alarms

Advisory alarms beep intermittently to let you know about a condition that requires your attention.

When you hear an advisory alarm, turn on your PDM to see the Status screen. A message will appear describing the alarm and informing you about what to do next.

It's important to resolve an advisory alarm as quickly as possible. If you wait too long to address the alarm, it can escalate to a hazard alarm.

Hazard alarms

Hazard alarms are a continuous tone to let you know when the Pod is in a very serious condition or something is wrong with the PDM.

When a hazard alarm goes off, all insulin delivery stops. To avoid hyperglycaemia, it's extremely important to follow the instructions on your PDM to resolve the issue quickly:

Step 1: Press **OK** on your PDM to silence the alarm.

Step 2: Deactivate and remove your current Pod.

Step 3: Activate and apply a new Pod.



WARNING:

- + The Low reservoir alert will escalate to an Empty reservoir hazard alarm when insulin is depleted. Be sure to respond to alert when it first occurs.
- + The Auto-off alert will escalate to a hazard alarm if ignored, and will result in the deactivation of your active Pod. Be sure to respond to the alert when it occurs.

PDM screens may vary based on user settings and country.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

To learn more about alarms and how to handle them, see Chapter 9, Alarms, Notifications and Other Messages, in your Omnipod® Insulin Management System User Guide.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

MAKING THE MOST OF YOUR PDM

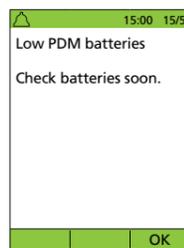
What happens if...?

You already know that your PDM enables you to live a tubeless life, delivering basal and bolus insulin doses remotely and wirelessly* to your Pod. However, from time to time, you may find yourself asking the question 'Why does my PDM do that?'

The Insulet Customer Care Team has heard it all, and we've compiled the top 3 areas our Podders™ ask or comment about the most. Read on to understand how to use your PDM to its maximum potential.

Your PDM battery.

The PDM requires two AAA alkaline batteries to perform at the optimal level. If you are using another type of battery, your battery life could suffer and ultimately damage the PDM. AAA alkaline batteries are readily available at most pharmacies, supermarkets or electrical shops.



Your PDM automatically takes steps to maximise the battery life when running low. You'll first see the Low PDM battery alert and then, your PDM will:

- + Turn off your vibration alert (if set)
- + Disable the bright mode
- + Disable the test strip port light

Once you replace your battery, these functions resume.

PDM communication.

One of the key benefits of the Omnipod® System is the wireless*, tubeless communication between the PDM and the Pod. This means that you don't have to keep your PDM next to you all the time. However, there are a few actions that require your PDM and Pod to be in close proximity to communicate.

Here are a few ways you can help that 'conversation':

- + When you deactivate a Pod, it can take a few moments for the Pod to fully deactivate. Often you'll see the 'Please Wait' screen while your Pod and PDM communicate. Make sure you wait until the Pod is fully deactivated before you attempt to activate a new Pod.
- + If you are helping deliver a bolus to someone in your care (or changing the basal rate), remember that the PDM and Pod need to keep communicating until the Bolus is confirmed. Make sure you keep both the Pod and the PDM in close proximity to each other – within 1.5 metres – until you see the confirmation screen.



*At start up the PDM and Pod should be adjacent and touching, either in or out of tray to ensure proper communication during priming. At least 1.5 metres during normal operation.

The values shown here are for illustrative purposes only. Actual screens may vary based on user settings and country. Consult with your healthcare professional before using these advanced features. Your healthcare professional can also provide you with your own personalised recommendations.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

Your PDM's environment.

Your Pod can go anywhere you go, but your PDM requires a bit more protection. Following the below guidelines will help you keep your PDM functioning at peak performance!

- + Your Pod is waterproof* but your PDM isn't – make sure to keep it dry.
- + Like all electronics, your PDM needs to be maintained at a moderate temperature. Avoid storing it in extreme heat or cold (such as a hot car or a fridge).
- + While your PDM has a 4-year limited warranty, years of wear and tear can take a toll on your PDM screen in the form of nicks and small scratches. You can help save the integrity of your screen and the overall body of your PDM by keeping it in your storage bag.

For more information, call your local Insulet Customer Care Team 24/7.

Insuring your PDM.

We highly recommend insuring your PDM. Whilst your PDM is covered under a limited warranty for technical failures, accidental damage or breakage are not covered.

Tip: Check to see if your PDM is covered by any of your current insurance policies before taking out a separate insurance.

Helpful tips from Podders™.

As the Insulet Customer Care Team, we pride ourselves on helping our customers navigate the Omnipod® System and use it successfully to live life on their terms. However, occasionally, we find ourselves taking notes from our Podders™, who have discovered ways to bring their Omnipod® System success to the next level. Check out these helpful tips:

- + Try taking a picture of your programme settings with your smartphone and keeping it. This way if you don't download your PDM regularly at home, you always have a record of your settings.
- + What happens if you misplace your PDM? Put your phone number as your ID, so that anyone who may find it can easily return it to you.

*The Pod has a waterproof IPX8 rating for up to 7.6 metres for 60 minutes.

For more information on your PDM, refer to your Omnipod® Insulin Management System User Guide.

TRAVELLING WITH YOUR OMNIPOD® SYSTEM

Going on a holiday with your Omnipod® System is easy. The following information will help you plan your trip.

Holiday Checklist.

Medical supplies and equipment

- Sealed Pods – enough to cover your whole holiday, including spares, just in case
- Insulin vials – as above (remember to place in a clear plastic bag if you are carrying in your hand luggage)
- PDM
- Extra, new PDM batteries (AAA alkaline)
- Spare PDM
- Plenty of alcohol prep swabs
- Back-up insulin pens (for long and short-acting insulin)
- Insulin cartridges/vials for your back-up insulin pens
- Spare syringes or pens/needles
- Back-up blood glucose meter (in addition to the one integrated into the PDM)
- Blood glucose test strips, for both meters
- Ketone testing device and strips
- Lancing device and lancets
- Glucose tablets or another fast-acting source of carbohydrate
- Glucagon emergency kit and written instructions for administering an injection if you are unconscious

Documentation

- Travel letter from your healthcare professional (see example below) covering the medical supplies and equipment you are required to travel with
- Prescriptions for all the medical supplies that you are carrying
- List of your latest Omnipod® System settings – basal rates/target BG/ratios
- Travel insurance
- Emergency contact details

Other

- If traveling to a different time zone, ensure you have adjusted your basal rate profile accordingly – ask your doctor for guidance

Further travel advice.

Your Pod is waterproof*, so you are free to go swimming and even to dive without disrupting your insulin delivery. Remember to rinse your Pod with fresh water afterwards and gently pat dry. You should check regularly that the Pod is still firmly attached and in place.

It is important to protect your insulin from extreme temperatures that can impact its effectiveness. Remember to keep your Pod out of direct sunlight and avoid saunas, steam rooms and jacuzzis.

*IPX8: 7.6 metres for up to 60 minutes for the Pod. The PDM is not waterproof.

FreeStyle and related brand marks are trademarks of Abbott Diabetes Care Inc. in various jurisdictions and used with permission.

EXAMPLE TRAVEL LETTER

To whom it may concern,

I hereby confirm that [insert full name], born [insert DOB] has insulin dependent diabetes and must carry a supply of insulin and other medicinal equipment at all times, including:

- + Omnipod® System Pods and insulin vials
- + Omnipod® System PDM (plus spare and extra AAA batteries)
- + Back-up insulin pens (plus insulin cartridges/vials)
- + Additional spare syringes or pens/needles
- + Blood glucose meter and test strips
- + Ketone testing device and strips
- + Lancing device and lancets
- + Hypoglycaemia treatment
- + Other:

Yours faithfully,

Signature

Date

Healthcare professional's name

Address

Postcode

Phone number

Loaning a spare PDM for your holiday.

For your peace of mind, we are happy to loan you a spare PDM to take on your holiday, in case anything happens to your current one whilst traveling. Please contact your local Insulet Customer Care Team to find out if the Holiday Loaner Programme is available in your country.

OMNIPOD® SUPPORT PROGRAMME



The Omnipod® Support Programme has been designed to make your transition to the Omnipod® System as **simple as possible**. The programme offers a range of **value added services** to help you make the most of what the Omnipod® System has to offer.

For more information about the individual services and their availability in your country, please visit myomnipod.com or give your local Insulet Customer Care Team a call.

- + Pod Sample Kit**
A free, non-functioning* sample Pod for people that want to try it out.
- + Omnipod® System Training**
Available to all new Podders™ – speak to your healthcare professional.
- + Educational and Training Resources**
How-to videos, resource guides, troubleshooting and tips, lots of educational and training support always available on myomnipod.com.
- + PDM Holiday Loaner Programme**
Supporting you wherever you are in the world. Contact your local Insulet Customer Care Team for more information.
- + Reordering consumables****
For guidance on how to reorder Pods and other consumable items in your country, please contact your local Insulet Customer Care Team.

- + Insulet Pod Disposal Programme**
Insulet's Pod Disposal Programme provides Podders™ with an alternative way to dispose of used Pods. Please contact your local Insulet Customer Care Team or current Omnipod® System provider for more information.
- + Insulet partnering with Glooko® + diasend®**
With Glooko + diasend®, you and your healthcare professional have access to all of your diabetes information in one easy-to-use platform. Glooko + diasend® allows you to review your blood glucose patterns on your smartphone or personal computer, understand the impact of your activities on your blood glucose and easily share your diabetes data with your healthcare professional.



Important reminders:

Always talk to your healthcare professional about what insulin pump options are best suited for you and your needs.

INSULET CUSTOMER CARE TEAM

Our goal is to make your life easier. You can be confident knowing **we're with you every step of the way.**

The Insulet Customer Care Team is **available 24 hours a day, 7 days a week**, even when you are travelling abroad, to assist you with any questions or queries about your Omnipod® System.

Whether you need emergency technical support or advice on how to reorder Pods, our professional Team are here to help – just pick up the phone.

| Country: | Phone number*: | Email: |
|----------------|----------------|------------------------|
| Austria | 0800 281248 | Omnipod-AT@insulet.com |
| Germany | 0800 1821629 | Omnipod-DE@insulet.com |
| Netherlands | 0800 0229512 | Omnipod-NL@insulet.com |
| Switzerland | 0800 897618 | Omnipod-CH@insulet.com |
| United Kingdom | 0800 011 6132 | Omnipod-GB@insulet.com |

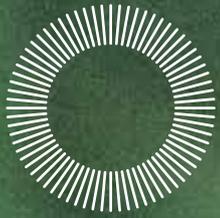
Visit us at myomnipod.com

*Pod shell only, no automatic cannula activation (insertion).

**Reordering of consumables is not available in every country. Please contact your local Insulet Customer Care team for more information.

Glooko® and diasend® are trademarks of Glooko, Inc. and used with permission.

*Calls may be monitored and recorded for quality monitoring purposes. Calls to 0800 numbers are free from local landlines, but other networks may charge for these calls.



omnipod®

Clare F.

Podder
SINCE 2013

INSULIN MANAGEMENT SYSTEM

3 DAYS*
NON-STOP
INSULIN

Insulet International Ltd.

1 King Street, 5th Floor, Hammersmith, W6 9HR

Phone: 0800 011 6132

myomnipod.com

*Up to 72 hours of continuous insulin delivery